

TWENTY-FIFTH ANNIVERSARY EDITION

WWWH

W I S E W O M A N H E R B A L S®



PROFESSIONAL
CATALOG



Welcome



CGMP COMPLIANT
FDA INSPECTED

We are proud to present this special twenty-fifth anniversary issue. A tremendous amount has changed over the past twenty-five years, but one constant has been our focus on providing superior quality products and premium customer satisfaction.

Wise Woman Herbals maintains a healthy balance between honoring tradition and embracing science. We continue to source ingredients from small local organic farms and make all of our products on site through time-intensive traditional handmade processing techniques. Innovation has been realized through adding state of the art equipment, custom design specialized software, and expanding in-house laboratory capabilities.



As an FDA inspected facility we maintain a full-time quality staff with an unwavering commitment to the highest level of regulatory compliance with the Food and Drug Administration's current Good Manufacturing Practices. These efforts assure consistency, reliability and the ability to maintain the high standards our customers have grown accustomed to.

Our mission is to provide a gentle and natural way for improving people's quality of life by offering superior quality botanical supplements; resulting in a healthier, more balanced and sustainable world. We applaud you for dedicating yourself to humanity and for your wisdom to "begin with nature".

Yours in health,

Ken Koenig, D.C., President

HOW TO USE THIS CATALOG:

The products in this catalog are organized by body system. Information about the company, products, and the common names to Latin binomials appear in the back of the book.

ABOUT THE IMAGES:

The images that appear in this catalog were taken from William Curtis, *The Botanical Magazine*, courtesy of the Special Collections Department of the National Agricultural Library, Beltsville, Maryland. The cover image is *Inula helenium* (elecampane).

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ABOUT WISE WOMAN HERBALS

Wise Woman Herbals is proud to offer only traditional whole-herb supplements; we do not produce standardized extracts, which strive to attain certain concentrations of a single chemical component at the expense of losing essential cofactors. We believe all of the plant constituents are required in order to provide a completely beneficial herbal product as intended by nature.

Our techniques ensure a whole-herb product that is very close to its true essence. We use only the finest certified organic, ethically wildcrafted, and/or best quality plants, and then preserve their integrity by adding only natural ingredients. Organic alcohol, certified kosher vegetable glycerine, organic cold-pressed olive oil, and/or mountain spring water are added to extract the desired plant properties through a time-intensive maceration process.

Applying this time-honored process to these superb ingredients results in a highly concentrated and viable product. This is one of our greatest attributes and something that practitioners can depend upon.

We thank you for your interest in Wise Woman Herbals.

The information contained in this catalog is not intended to offer medical advice. It is provided as a basis to determine whether or not healthcare practitioners should recommend these products to their patients. This information is not to be made available to consumers or the general public. These products are not intended for use as a means to cure, treat, prevent, diagnose, or mitigate any disease or other medical condition.

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For external use only. Do not ingest.		
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For external use only. Do not ingest.

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LIQUID EXTRACTS

Liquid Extracts

A-C

We offer nearly 200 single-plant extracts in a base of organic alcohol and mountain spring water. The exceptional quality can be attributed to our use of carefully selected, organically grown and ethically wildcrafted plants and other purely natural ingredients.

Our individually tailored extraction process acknowledges the unique attributes of each herb throughout our multiple maceration process. No wonder we offer such high-quality extracts!

All liquid extract singles are in a base of organic alcohol and mountain spring water.

KEY:

+D = Dry herb added to fresh plant menstruum to increase concentration.

QHP = Available to qualified healthcare practitioners only.

FEU = For external use only. Do not ingest.

LATIN BINOMIAL	COMMON NAME	TYPE AND PART OF HERB USED	QHP	FEU
Achillea millefolium	yarrow	organic flowering tops, 1:1.2 fresh +D		
Actaea racemosa	see Cimicifuga racemosa			
Aesculus hippocastanum	horse chestnut	wildcrafted ripe horse chestnut, 1:4.3 dry	•	
Alchemilla xanthochlora	lady's mantle	organic aerial herb, 1:3.7 dry		
Allium sativum	garlic	organic bulb, 1:1.2 fresh		
Althaea officinalis	marshmallow	organic root, 1:1.5 fresh +D		
Ammi visnaga	khella	best quality seed, 1:2 dry		
Andrographis paniculata	chuan xin lian	best quality Chinese aerial parts, 1:5 dry		
Angelica archangelica	angelica	organic root, 1:1 fresh +D		
Angelica sinensis	dong quai	best quality Chinese root, 1:2.6 dry		
Arctium lappa (blend)	burdock	organic fresh root and dry seed, 1:1		
Arctostaphylos uva-ursi	uva-ursi	wildcrafted leaf, flowering tips & berry, 1:2.7 dry		
Armoracia rusticana	horseradish	organic root, 1:1.2 fresh		
Artemisia absinthium	wormwood	organic flowering aerial herb, 1:1.1 fresh		
Asclepias tuberosa	pleurisy root	wildcrafted or organic, 1:1.2 fresh		
Astragalus membranaceus	astragalus	organic Canadian root, 1:3 dry		
Atractylodes macrocephala	bai-zhu atractylodes	best quality Chinese root, 1:3 dry		
Avena sativa	oat	organic milky seed, 1:1 fresh +D		
Baptisia tinctoria	wild indigo	wildcrafted root bark, 1:1.1 fresh	•	
Barosma betulina	buchu	wildcrafted leaf, 1:4 dry		
Berberis spp.	see Mahonia spp			
Bupleurum chinense	Chinese thoroughwax	best quality Chinese root, 1:2.6 dry		
Cactus grandiflorus	see Selenicereus gra.		•	
Calendula officinalis	calendula	organic flowers, 1:3.6 dry		
Calendula officinalis (succus)	calendula succus	organic flowers, 1:1.03 fresh		
Capsella bursa-pastoris	shepherd's purse	organic herb in seed, 1:2.2 fresh		
Capsicum annuum	cayenne	organic pod & seed, 1:5 dry		
Caulophyllum thalictroides	blue cohosh	wildcrafted root & rhizome, 1:3.8 dry		
Ceanothus americanus	red root	wildcrafted root, 1:1.9 fresh		
Centaurea cineraria	dusty Miller	see Cineraria maritima	•	

C-E

LATIN BINOMIAL	COMMON NAME	TYPE AND PART OF HERB USED	QHP	FEU
Centella asiatica	gotu kola	organic Hawaiian whole plant, 1:2.3 fresh		
Chamaelirium luteum	false unicorn	cultivated root & rhizome, 1:3.7 dry		
Chelidonium majus	celandine	organic whole plant, 1:1.6 fresh		
Chimaphila umbellata	pipsissewa	cultivated flowering aerial herb, 1:1.1 fresh +D		
Chionanthus virginicus	fringe tree	wildcrafted root bark, 1:4 dry		
Cimicifuga racemosa	black cohosh	cultivated root & rhizome, 1:2 dry		
Cineraria maritima	cineraria	organic budding aerial herb, 1:1.3 fresh	•	
Cinnamomum aromaticum	cinnamon	organic bark, 1:3.3 dry		
Cnicus benedictus	blessed thistle	organic flowering aerial herb, 1:1.9 fresh +D		
Collinsonia canadensis	stoneroot	wildcrafted root, 1:2.3 dry		
Commiphora mukul	guggul	best quality India resin, 1:2.8 dry		
Commiphora myrrha	myrrh	best quality resin, 1:2.9 dry		
Convallaria majalis	lily-of-the-valley	wildcrafted root, 1:1.8 fresh	•	
Ooptis chinensis	Chinese goldthread	best quality Chinese root, 1:3.4 dry		
Coriandrum sativum	cilantro	organic leaf, 1:1.7 fresh		
Corydalis yanhusuo	Corydalis yanhusuo	best quality Chinese root, 1:2.3 dry		
Crataegus spp. (blend)	hawthorn blend	wildcrafted berry, leaf and flower, 1:3 dry		
Curcuma longa	turmeric	organic root, 1:1 fresh +D		
Cynara scolymus	globe artichoke	organic leaf, 1:1.5 fresh		
Dioscorea villosa	wild yam	wildcrafted root & rhizome, 1:2.7 dry		
Dipsacus spp.	teasel	wildcrafted root 1:1.2 fresh		
Echinacea angustifolia	echinacea angustifolia	organic root, 1:1.3 fresh		
Echinacea purpurea	echinacea purpurea	organic root, 1:2 fresh		
E. angustifolia & E. purpurea	Echinacea Royal	organic root, flower, seed, leaf, 1:0.85 fresh +D		
Eleutherococcus senticosus	eleuthero	best quality Chinese root, 1:5.8 dry		
Equisetum arvense	horsetail	wildcrafted sterile spring stalks, 1:1.3 fresh +D		
Eriodictyon californicum	yerba santa	wildcrafted flowering herb, 1:3.4 dry		
Eschscholzia californica	California poppy	flowering plant & root, 1:1.4 fresh		
Eupatorium perfoliatum	boneset	budding aerial herb, 1:1 fresh +D		
Eupatorium purpureum	gravel root	organic root, 1:0.6 fresh		
Euphrasia stricta	eyebright	cultivated flowering herb, 1:2.8 dry		

BOTTLE SIZES & PRICES

Liquid extracts come in 2 oz, 4 oz, 8 oz, 16 oz & 32 oz bottles. Larger sizes available on request.

Droppers are included in the 2 oz and optional in the 4 oz size.

Please see the latest price list for pricing.

CUSTOM LIQUID EXTRACT FORMULATIONS

There is a charge for custom formulations and a minimum order of 32 ounces of each formula.

All liquid extract singles are in a base of organic alcohol and mountain spring water.



Wise Woman Herbs Signature Poster, "Echinacea"

LIQUID EXTRACTS (CONTINUED)

Liquid Extracts

F-L

Product concentrations are listed in this catalog as well as on each product label. As a member of the American Herbal Products Association (AHPA), we use their recommended method of measuring the concentration of liquid extracts. The concentration is listed as A:B where "A" is the amount of herb added and "B" is the amount of total fluid collected at the end of the process.

All liquid extract singles are in a base of organic alcohol and mountain spring water.

KEY:

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LATIN BINOMIAL	COMMON NAME	TYPE AND PART OF HERB USED	QHP	FEU
Foeniculum vulgare	bitter fennel	organic mature seed, 1:2.9 dry		
Fucus vesiculosus	bladderwrack	wildcrafted mature thallus, 1:3.6 dry		
Galega officinalis	goat's rue	organic flowering herb, 1:1.4 fresh +D		
Galium aparine	cleavers	organic flowering herb, 1:1.4 fresh + D		
Gelsemium sempervirens	yellow jasmine	wildcrafted root, 1:2 fresh	•	
Gentiana lutea	gentian	cultivated or organic root, 1:2.9 dry		
Ginkgo biloba	ginkgo	organic fall leaves, 1:1 fresh +D		
Glycyrrhiza glabra	licorice	organic root, 1:3 dry		
Grindelia spp.	gumweed	wildcrafted flowers, 1:1.5 fresh +D		
Gymnema sylvestre	gymnema	organic Indian leaf, 1:2.5 dry		
Hamamelis virginiana	witch hazel	wildcrafted bark, 1:3 dry		
Harpagophytum procumbens	devil's claw	wildcrafted root, 1:2.4 dry		
Humulus lupulus	hops	organic or wildcrafted strobili & resin, 1:1.5 fresh +D		
Hydrangea arborescens	hydrangea	wildcrafted root, 1:1 fresh		
Hydrastis canadensis	goldenseal	organic root, 1:5 dry		
Hypericum perforatum	St. John's wort	wildcrafted flowering tips, 1:1.3 fresh		
Hyssopus officinalis	hyssop	organic flowering herb, 1:1 fresh +D		
Inula helenium	elecampane	organic root, 1:0.8 fresh		
Iris versicolor	blue flag	wildcrafted rhizome, 1:2.1 fresh	•	
Juglans nigra	black walnut	wildcrafted green hulls, 1:1.4 fresh	•	
Juniperus communis	juniper	wildcrafted mature fruits, 1:3.8 dry		
Larrea tridentata	chaparral	wildcrafted leaves, 1:3.7 dry		
Lavandula angustifolia	English lavender	organic European flowers, 1:4.2 dry		
Leonurus cardiaca	motherwort	organic flowering aerial herb, 1:1.2 fresh +D		
Lepidium meyenii	maca	organic root, 1:1.4 dry		
Ligusticum porteri	osha	cultivated root, 1:2 fresh		
Ligustrum lucidum	ligustrum	best quality Chinese fruit, 1:3.1 dry		
Lobelia inflata	lobelia	organic herb in seed pod stage, 1:2 fresh	•	
Lomatium dissectum	lomatium	cultivated root, 1:1.7 fresh		
Lycopus virginicus	bugleweed	organic flowering herb, 1:4 dry		

M-P

LATIN BINOMIAL	COMMON NAME	TYPE AND PART OF HERB USED	QHP	FEU
Mahonia spp.	Oregon grape	wildcrafted root bark, 1:3.4 dry		
Matricaria recutita	chamomile	organic flowers, 1:1.5 fresh +D		
Medicago sativa	alfalfa	organic flowering herb, 1:1.3 fresh + D		
Melissa officinalis	lemon balm	organic flowering herb, 1:1 fresh +D		
Mentha piperita	peppermint	organic flowering herb, 1:4.5 fresh +D		
Mitchella repens	partridge berry	wildcrafted aerial herb, 1:2.8 dry		
Monarda fistulosa	wild bergamot beebalm	organic flowering herb, 1:1.3 fresh		
Nepeta cataria	catnip	organic flowering herb, 1:1 fresh +D		
Oplopanax horridum	devil's club	wildcrafted root bark, 1:2 fresh		
Panax ginseng	Asian ginseng	best quality Chinese root, 1:2.9 dry		
Panax quinquefolius	American ginseng	organic root, 1:2.4 dry		
Parietaria officinalis	pellitory-of-the-wall	best quality aerial, 1:3.7 dry		
Passiflora incarnata	passionflower	organic flowering tips, 1:1 fresh		
Pausinystalia johimbe	yohimbe	wildcrafted bark, 1:3.8 dry	•	
Petroselinum crispum	parsley	organic European root, 1:1.5 dry		
Phytolacca americana	poke	wildcrafted root, 1:1.4 fresh	•	
Pimpinella anisum	anise	organic seed, 1:2.2 dry		
Piper methysticum	kava	cultivated root, 1:1 fresh	•	
Piscidia piscipula	Jamaica dogwood	wildcrafted bark, 1:3.8 dry	•	
Plantago spp.	plantain	organic leaf, 1:1.5 fresh		
Polygonum multiflorum	fo-ti	best quality root, 1:4.2 dry		
Propolis	propolis	best quality bee resin, 1:4.2 dry		
Prunus spp.	wild black cherry	wildcrafted bark, 1:2.7 dry		

BOTTLE SIZES & PRICES

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Droppers are included in the 2 oz and optional in the 4 oz size.

Please see the latest price list for pricing.

CUSTOM LIQUID EXTRACT FORMULATIONS

There is a charge for custom formulations and a minimum order of 32 ounces of each formula.

All liquid extract singles are in a base of organic alcohol and mountain spring water.



Wise Woman Herbs Signature Poster, "Trillium"

LIQUID EXTRACTS (CONTINUED)

Liquid Extracts

R-S

A time honored maceration process is utilized for our liquid extracts. We add carefully measured amounts of organic alcohol, mountain spring water, and raw plant and allow it to sit for weeks, or even months. We impose no intervention other than daily agitation of the containers, which activates the plant's vital force and other medicinal qualities.

For more information about our maceration process please turn to page 43.

All liquid extract singles are in a base of organic alcohol and mountain spring water.

KEY:

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Rauwolfia serpentina	rauwolfia, snakeroot	best quality root, 1:10 dry	•	
Rhamnus frangula	frangula, buckthorn	wildcrafted bark, 1:4 dry		
Rhamnus purshiana	cascara sagrada	wildcrafted bark, 1:4.4 dry		
Rheum palmatum	Chinese rhubarb	best quality root, 1:3 dry		
Rhodiola rosea	rhodiola	cultivated Siberian root, 1:5 dry		
Rosmarinus officinalis	rosemary	organic flowering tips, 1:3.7 dry		
Rubus idaeus	red raspberry	organic leaves, 1:2.8 dry		
Rumex crispus	yellow dock	wildcrafted root, 1:3.8 dry		
Salix alba	white willow	wildcrafted bark, 1:3.8 dry		
Salvia miltiorrhiza	dan shen	best quality Chinese root 1:2 dry		
Salvia officinalis	sage	organic flowering tips, 1:1.7 fresh +D		
Sambucus spp.	elder	wildcrafted flowers, 1:1.4 fresh + D		
Sanguinaria canadensis	bloodroot	wildcrafted root, 1:1.5 fresh	•	
Schisandra chinensis	schisandra, wu wei zi	best quality Chinese fruit, 1:3.4 dry		
Scutellaria lateriflora	skullcap	organic flowering herb, 1:1 fresh +D		
Selenicereus grandiflorus	night-blooming cereus	organic succulent stem, 1:1.3 fresh	•	
Serenoa repens	saw palmetto	wildcrafted fruit, 1:1.8 dry		
Silybum marianum	milk thistle	wildcrafted seed, 1:1.9 dry		
Smilax ornata	sarsaparilla	wildcrafted root, 1:2.8 dry		
Solidago canadensis	Canadian goldenrod	wildcrafted flowering tops, 1:1 fresh		
Spilanthes acmella	spilanthes, para cress	organic flowering tops, 1:1.4 fresh		
Stellaria media	chickweed	organic flowering fresh herb, 1:1.4 fresh		
Stillingia sylvatica	stillingia, queen's root	wildcrafted root, 1:2.3 fresh	•	
Symphytum officinale	comfrey	organic root & herb, 1:2 fresh		
Syzygium aromaticum	clove	organic whole cloves, 1:3.2 dry		

T-Z

LATIN BINOMIAL	COMMON NAME	TYPE AND PART OF HERB USED	OHP	FEU
<i>Tabebuia impetiginosa</i>	pau d'arco	wildcrafted bark, 1:2.5 dry		
<i>Tanacetum parthenium</i>	feverfew	organic budding herb, 1:1.5 fresh +D		
<i>Taraxacum officinale</i> (whole)	dandelion whole	organic whole plant, 1:1 fresh +D		
<i>Taraxacum officinale</i> (leaf)	dandelion leaf	organic leaf, 1:1.4 fresh +D		
<i>Taraxacum officinale</i> (root)	dandelion root	organic root, 1:0.4 fresh +D		
<i>Thuja plicata</i>	western red cedar	wildcrafted leaf, 1:1.1 fresh		
<i>Thymus vulgaris</i>	thyme	organic flowering herb, 1:1.6 fresh +D		
<i>Tilia europaea</i>	linden	organic or wildcrafted flowers & leaves, 1:3.5 dry		
<i>Trifolium pratense</i>	red clover	organic flowers, 1:1.3 fresh +D		
<i>Trigonella foenum-graecum</i>	fenugreek	organic seed, 1:2 dry		
<i>Turnera diffusa</i>	damiana	wildcrafted leaf, 1:3 dry		
<i>Tussilago farfara</i>	coltsfoot	wildcrafted leaf, 1:4 dry		
<i>Ulmus rubra</i>	slippery elm	wildcrafted bark, 1:3.8 dry		
<i>Urtica dioica</i> (aerial)	stinging nettle aerial	wildcrafted spring tops, 1:1.5 fresh +D		
<i>Urtica dioica</i> (root)	stinging nettle root	wildcrafted root, 1:2 fresh		
<i>Usnea</i> spp.	usnea, old man's beard	wildcrafted lichen, 1:3.9 dry		
<i>Vaccinium</i> spp.	blueberry, bilberry	wildcrafted spring leaves, flowers, & berries, 1:1.4 fresh, plus concentrated berries		
<i>Valeriana officinalis</i>	valerian	organic root, 1:1 fresh +D		
<i>Verbascum thapsus</i>	mullein	wildcrafted flowers & leaves, 1:3.3 dry		
<i>Verbena</i> spp.	vervain	wildcrafted flowering herb, 1:3.8 dry		
<i>Viburnum opulus</i>	cramp bark	wildcrafted bark, 1:3.7 dry		
<i>Viscum album</i>	European mistletoe	wildcrafted leaves, 1:4.3 dry	•	
<i>Vitex agnus-castus</i>	chaste tree	best quality fruit, 1:2 dry		
<i>Withania somnifera</i>	ashwagandha	organic root, 1:4 dry		
<i>Zanthoxylum clava-herculis</i>	southern prickly ash	wildcrafted bark, 1:2.6 dry		
<i>Zea mays</i>	cornsilk	organic silk, 1:1.3 fresh		
<i>Zingiber officinale</i>	ginger	organic root, 1:1.5 fresh +D		

BOTTLE SIZES & PRICES

Liquid extracts come in 2 oz, 4 oz, 8 oz, 16 oz & 32 oz bottles. Larger sizes available on request.

Droppers are included in the 2 oz and optional in the 4 oz size.

Please see the latest price list for pricing.

CUSTOM LIQUID EXTRACT FORMULATIONS

There is a charge for custom formulations and a minimum order of 32 ounces of each formula.

All liquid extract singles are in a base of organic alcohol and mountain spring water.

PRODUCTS TO SUPPORT
THE NERVOUS SYSTEM

Nervous System

“Oat is an annual grass, which is widely cultivated for its edible grain.”¹

“Oats are used as a tonic to increase strength of mind, spirit, and body.”²

All liquid extract compounds are in a base of organic alcohol and mountain spring water.

All glycerite compounds are in a base of certified kosher vegetable glycerine and mountain spring water.

KEY:

QHP = Available to qualified healthcare practitioners only.

FEU = For external use only. Do not ingest.

	QHP	FEU
<p>CILANTRO COMPOUND (LIQUID EXTRACT COMPOUND) (CCCO) Supports normal healthy nervous system function during silver amalgam removal.* Coriandrum sativum (cilantro) and Rumex crispus (yellow dock) in a base of organic alcohol, mountain spring water, and certified kosher vegetable glycerine.</p>		
<p>ELEUTHERO SOLID EXTRACT (SOLID EXTRACT) (ELSE) Promotes a normal healthy response to temporary stress.* Eleutherococcus senticosus (eleuthero) in a base of certified kosher vegetable glycerine and honey. (Available in 2, 4 & 8 oz sizes.)</p>		
<p>KALMERITE (GLYCERITE COMPOUND) (KAGL) Promotes emotional balance and soothes temporary nervous tension.* Passiflora incarnata (passionflower), Matricaria recutita (chamomile), Melissa officinalis (lemon balm), Nepeta cataria (catnip), Eschscholzia californica (California poppy), and Lavandula angustifolia (English lavender).</p>		
<p>LIQUID SERENITY (LIQUID EXTRACT COMPOUND) (LSCO) Promotes a normal healthy nervous system and emotional balance.* Hypericum perforatum (St. John’s wort), Eschscholzia californica (California poppy), Eleutherococcus senticosus (eleuthero), Avena sativa (oat), Matricaria recutita (chamomile), Schisandra chinensis (wu wei zi), Scutellaria lateriflora (skullcap), orange essential oil, and lavender essential oil.</p>		
<p>MOOD ENHANCER (LIQUID EXTRACT COMPOUND) (MNCO) Supports a healthy outlook and positive mental attitude.* Hypericum perforatum (St. John’s wort), Avena sativa (oat), Melissa officinalis (lemon balm), Panax ginseng (Asian ginseng), Ginkgo biloba (ginkgo), Centella asiatica (gotu kola) and lavender essential oil.</p>		
<p>MULTIPLE FORMULA (LIQUID EXTRACT COMPOUND) (MFCO) Daily tonic supporting normal healthy metabolism, brain function and vitality.* Rhodiola rosea (rhodiola), Lepidium meyenii (maca), Arctium lappa (burdock), Mahonia spp. (Oregon grape), Taraxacum officinale (dandelion whole), and Urtica dioica (stinging nettle aerial).</p>		

	QHP	FEU
<p>NERVINE TEA (HERBAL TEA) (NETE) Promotes a healthy nervous system, emotional balance and soothes temporary nervous tension.* A Stansbury Tea premium blend. Matricaria recutita (chamomile), Melissa officinalis (lemon balm), Passiflora incarnata (passionflower), Scutellaria lateriflora (skullcap), Hibiscus sabdariffa (hibiscus), Lavandula angustiflora (English lavender), and Glycyrrhiza glabra (licorice). Prepare by infusion. (Available in 4 oz & 1 lb sizes.)</p>		
<p>PASSIONFLOWER SOLID EXTRACT (SOLID EXTRACT) (PASE) Supports normal healthy nervous system function, promotes restful sleep and eases mild temporary tension.* Passiflora incarnata (passionflower) in a base of certified kosher vegetable glycerin. (Available in 2, 4 & 8 oz sizes.)</p>		
<p>SWEET DREAMS (LIQUID EXTRACT COMPOUND) (SWCO) Promotes restful sleep and healthy dreams.* Eschscholzia californica (California poppy), Humulus lupulus (hops), and Passiflora incarnata (passionflower).</p>		
<p>VALERIAN COMPOUND (LIQUID EXTRACT COMPOUND) (VACO) Promotes a normal healthy nervous system, restful sleep, and soothes temporary nervous tension.* Valeriana officinalis (valerian), Scutellaria lateriflora (skullcap), Piper methysticum (kava), Passiflora incarnata (passionflower), and Avena sativa (oat).</p>	•	

BOTTLE SIZES & PRICES

Liquid extract compounds and glycerite compounds come in 1 oz, 2 oz, 4 oz, 8 oz, 16 oz & 32 oz bottles. Larger sizes available on request.

Elixirs and vinegars come in 2 oz, 4 oz, 8 oz, 16 oz & 32 oz bottles.

Droppers are included in the 1 oz & 2 oz sizes and optional in the 4 oz size.

Please see the latest price list for pricing.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

1. *The Honest Herbal*, Varro E. Tyler PhD, 1993, The Hawthorne Press.
2. *The Way of Herbs*, Michael Tierra ND, 1990, Simon & Schuster.



Featured: Passionflower Solid Extract 4 oz, Kalmerite Glycerite 8 oz, Liquid Serenity 4 oz, Mood Enhancer 2 oz

PRODUCTS TO SUPPORT
THE HEART & CIRCULATORY SYSTEM

Heart & Circulatory

“The leaf of the Ginkgo plant is used to make medicine. Ginkgo is an ancient plant, unchanged since long before the Jurassic period.”¹

All liquid extract compounds are in a base of organic alcohol and mountain spring water.

All glycerite compounds are in a base of certified kosher vegetable glycerine and mountain spring water.

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	QHP	FEU
<p>BLOOD ENHANCER (VINEGAR COMPOUND) (BBVC) An apple cider vinegar formula promoting normal healthy blood and circulation.* Rumex crispus (yellow dock), Urtica dioica (stinging nettle leaf), Medicago sativa (alfalfa), Taraxacum officinale (dandelion leaf), and Cymbopogon citratus (lemongrass) in a base of organic apple cider vinegar.</p>		
<p>BLUEBERRY SYRUP (SYRUP) (BLSY) Promotes normal healthy venous system function.* Vaccinium spp. (blueberry solid extract and concentrate) in a base of certified kosher vegetable glycerine and honey. (Available in 2, 4, 8, 16 & 32 oz sizes.)</p>		
<p>BOTTOMS UP BALM (TOPICAL APPLICATION) (BUSA) Achillea millefolium (yarrow), Hamamelis virginiana (witch hazel), Hypericum perforatum (St. John’s wort), Ruscus aculeatus (butcher’s broom), Althaea officinalis (marshmallow), and vitamin E in a base of organic extra virgin olive oil and beeswax. (Available in 1 & 2 oz sizes.)</p>		•
<p>BOTTOMS UP CAPSULES (ENCAPSULATION) (BUCA) Promotes normal healthy venous system integrity and function.* Collinsonia canadensis (stoneroot), Ruscus aculeatus (butcher’s broom), Hamamelis virginiana (witch hazel), Achillea millefolium (yarrow), Cinnamomum aromaticum (cinnamon), Aesculus hippocastanum (horse chestnut), and Zingiber officinale (ginger). 100% vegetarian capsules. (Available in 90 & 1,000 count.)</p>		
<p>CIRCULATORY PIZAZZ (LIQUID EXTRACT COMPOUND) (CPCO) Promotes normal healthy circulation while supporting vascular integrity.* Ginkgo biloba (ginkgo), Panax ginseng (Asian ginseng), Arctium lappa (burdock), Zingiber officinale (ginger), Zanthoxylum clava-herculis (southern prickly ash), Rosmarinus officinalis (rosemary), and Capsicum annuum (cayenne).</p>		
<p>CIRCULATORY TONIC (LIQUID EXTRACT COMPOUND) (CTCO) Promotes normal healthy vascular integrity while supporting circulation.* Ginkgo biloba (ginkgo), Crataegus spp. (hawthorn), Centella asiatica (gotu kola), Arctium lappa (burdock), and Zingiber officinale (ginger).</p>		
<p>DRAGON FIRE: WINTER TONIC (VINEGAR COMPOUND) (DFVC) A fiery and spicy winter tonic promoting normal healthy circulation and upper respiratory function.* Beta vulgaris (beet root), Armoracia rusticana (horseradish), Petroselinum crispum (parsley), Allium sativum (garlic), Capsicum annuum (cayenne), and Zingiber officinale (ginger) in a base of organic apple cider vinegar.</p>		

	QHP	FEU
<p>ERIGERON & CINNAMON COMPOUND (ESSENTIAL OIL COMPOUND) (ERIES) Erigeron canadensis (fleabane) essential oil, Cassia spp. (senna) essential oil, and Cinnamomum aromaticum (cinnamon) essential oil. (Available in 1, 2 & 4 oz sizes.)</p>		
<p>HAWTHORNE & LINDEN TONIC (LIQUID EXTRACT COMPOUND) (H2CO) Supports normal healthy blood pressure and heart function.* Crataegus spp. (hawthorn), Tilia europaea (linden), Ginkgo biloba (ginkgo), Salvia miltiorrhiza (dan shen), and Zingiber officinale (ginger).</p>		
<p>HAWTHORNE SOLID EXTRACT (SOLID EXTRACT) (HASE) Supports normal healthy blood pressure, and heart function.* Crataegus spp. (hawthorn) extract in a base of certified kosher vegetable glycerine and honey. (Available in 2, 4 & 8 oz sizes.)</p>		
<p>HEART & KIDNEY TONIC (LIQUID EXTRACT COMPOUND) (H1CO) Promotes normal healthy heart and kidney function.* Crataegus spp. (hawthorn), Taraxacum officinale (dandelion leaf), Selenicereus grandiflorus (night-blooming cereus), Allium sativum (garlic), and Capsicum annuum (cayenne).</p>	•	
<p>ROSE HIPS SOLID EXTRACT (SOLID EXTRACT) (RHSE) Supports normal healthy capillary integrity.* Rosa canina (rose hips) in a base of certified kosher vegetable glycerine. (Available in 2, 4 & 8 oz sizes.)</p>		
<p>SUPPOSITORIES #2 (HOMEOPATHIC SUPPOSITORY) (#2SU) Reduces vascular engorgement & soreness associated with hemorrhoids & varicose or enlarged veins.* Active ingredient (each suppository): Calc-fluor 12x HPUS, Collinsonia 6x HPUS, Hamamelis 6x HPUS. Inactive ingredients: Allantoin, butcher's broom, cocoa butter, marshmallow, stoneroot, vitamin A oil, vitamin E oil and witch hazel. Contains soy. (Available in 12 & 36 ct.)</p>		

BOTTLE SIZES & PRICES

Liquid extract compounds and glycerite compounds come in 1 oz, 2 oz, 4 oz, 8 oz, 16 oz & 32 oz bottles. Larger sizes available on request.

Elixirs and vinegars come in 2 oz, 4 oz, 8 oz, 16 oz & 32 oz bottles.

Droppers are included in the 1 oz & 2 oz sizes and optional in the 4 oz size.

Please see the latest price list for pricing.

NOTE: We are unable to accept returns on suppositories. All sales are final.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

1. *Plant Medicine in Practice*, Wm. Mitchell ND, 2003, Churchill Livingstone.



*Featured: Bottoms Up Balm 2 oz,
Suppositories #2 12 ct,
Bottoms Up Capsules 90 ct*

PRODUCTS TO SUPPORT
THE EYES, EARS, LIPS & MOUTH

Eyes, Ears, Lips & Mouth

“In his epic poem, Paradise Lost, Milton describes how the Archangel Michael used ‘euphrasy [eyebright] to clear Adam’s sight after his visual nerve had been clouded as a result of eating the ‘false fruit.’”¹

All liquid extract compounds are in a base of organic alcohol and mountain spring water.

All glycerite compounds are in a base of certified kosher vegetable glycerine and mountain spring water.

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	QHP	FEU
<p>ALL PURPOSE SALVE (TOPICAL APPLICATION) (APSA) Calendula officinalis (calendula), Symphytum officinale (comfrey), and vitamins A and E in a base of organic extra virgin olive oil and beeswax. (Available in 1 & 2 oz sizes.)</p>		•
<p>BLUEBERRY SYRUP (SYRUP) (BLSY) Promotes normal healthy vision.* Vaccinium spp. (blueberry solid extract and concentrate) in a base of certified kosher vegetable glycerine and honey. (Available in 2, 4, 8, 16 & 32 oz sizes.)</p>		
<p>LICORICE LYSINE PLUS (TOPICAL APPLICATION) (LLSA) Glycyrrhiza glabra (licorice) solid extract, lysine, propolis, Mahonia spp. (Oregon grape), Calendula officinalis (calendula succus), lavender essential oil, lemon balm essential oil, benzoin, vitamins A and E, and zinc. (Available in 1 oz size only.)</p>		•
<p>MOUTH RINSE (LIQUID EXTRACT COMPOUND) (MRCO) Calendula officinalis (calendula succus), Mahonia spp. (Oregon grape), Althaea officinalis (marshmallow), Commiphora myrrha (myrrh), Hamamelis virginiana (witch hazel), Baptisia tinctoria (wild indigo), Sanguinaria canadensis (bloodroot), Zanthoxylum clavaherculis (southern prickly ash), thuja essential oil, and tea tree essential oil.</p>		
<p>MULLEIN & GARLIC OIL COMPOUND (BOTANICAL OIL COMPOUND) (MOCO1) Hypericum perforatum (St. John’s wort) oil, Calendula officinalis (calendula) oil, Verbascum thapsus (mullein) oil, Allium sativum (garlic) oil, Larrea tridentata (chaparral) oil, and vitamin E oil in a base of organic extra virgin olive oil. (Available in 0.5, 1, 2, 4, 8 & 16 oz sizes.)</p>		•

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1. The Honest Herbal, Varro E. Tyler PhD, 1993, The Hawthorne Press.

PRODUCTS TO SUPPORT
THE NOSE, THROAT & RESPIRATORY SYSTEM

Nose, Throat & Respiratory

	QHP	FEU
<p>ALLERTEA (HERBAL TEA) (ALTE) Supports a normal healthy response to irritants.* A Stansbury Tea premium blend. Cymbopogon citratus (West Indian lemongrass), Euphrasia stricta (eyebright), Glycyrrhiza glabra (licorice), Urtica dioica (stinging nettle leaf), Crataegus spp. (hawthorn), and Hibiscus sabdariffa (hibiscus). Prepare by infusion. (Available in 4 oz & 1 lb sizes.)</p>		
<p>HERBAL CE I (ELIXIR) (H1EL) (FORMERLY CALLED HERBAL COUGH ELIXIR I) Soothes temporary mild respiratory tract irritation.* Not recommended for children under 1 year of age due to honey content. Althaea officinalis (marshmallow), Inula helenium (elecampane), Ligusticum porteri (osha), Verbascum thapsus (mullein), Prunus spp. (wild black cherry), Usnea spp. (old man's beard), Foeniculum vulgare (bitter fennel), Glycyrrhiza glabra (licorice), Citrus sinensis (orange peel), propolis, and menthol crystals in a base of mountain spring water, honey, and 20% organic alcohol.</p>		
<p>HERBAL CE II (ELIXIR) (H2EL) (FORMERLY CALLED HERBAL COUGH ELIXIR II) Soothes temporary mild respiratory tract irritation.* Made without menthol for those taking homeopathics and with glycerine instead of honey for children under 1 year of age. Althaea officinalis (marshmallow), Usnea spp. (old man's beard), Prunus spp. (wild black cherry), Inula helenium (elecampane), Ligusticum porteri (osha), Rosa canina (rose hips), Cymbopogon citratus (lemongrass), Eriodictyon californicum (yerba santa), Cinnamomum aromaticum (cinnamon), Verbascum thapsus (mullein), Citrus sinensis (orange peel), orange essential oil and lemon essential oil in a base of 20% organic alcohol, mountain spring water, and certified kosher vegetable glycerine.</p>		
<p>IMMUNE GLYCERITE (GLYCERITE COMPOUND) (CHGL) Supports normal healthy respiratory tract and immune system function.* Echinacea angustifolia & purpurea (echinacea), Prunus spp. (wild black cherry), Eriodictyon californicum (yerba santa), Inula helenium (elecampane), Hydrastis canadensis (goldenseal), Ligusticum porteri (osha), Verbascum thapsus (mullein), Zingiber officinale (ginger), and bitter orange essential oil.</p>		

*“According to Homer... in the 8th century BC, Ulysses took mullein (moly)... to protect him from evil.”¹ In this century, we recommend mullein to promote normal respiratory system function.**

BOTTLE SIZES & PRICES

Liquid extract compounds and glycerite compounds come in 1 oz, 2 oz, 4 oz, 8 oz, 16 oz & 32 oz bottles. Larger sizes available on request.

Elixirs and vinegars come in 2 oz, 4 oz, 8 oz, 16 oz & 32 oz bottles.

Droppers are included in the 1 oz & 2 oz sizes and optional in the 4 oz size.

Please see the latest price list for pricing.

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1. Herbal, Deni Bown, 2001, Pavilion Books.

PRODUCTS TO SUPPORT
THE NOSE, THROAT & RESPIRATORY SYSTEM (CONTINUED)

Nose, Throat & Respiratory

All liquid extract compounds are in a base of organic alcohol and mountain spring water.

All glycerite compounds are in a base of certified kosher vegetable glycerine and mountain spring water.

KEY:

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	QHP	FEU
<p>KHELLA COMPOUND (LIQUID EXTRACT COMPOUND) (KHCO) Supports normal healthy respiratory tract function.* Ammi visnaga (khella), Grindelia spp. (gumweed), Inula helenium (elecampane), Eriodictyon californicum (yerba santa), Glycyrrhiza glabra (licorice), Verbascum thapsus (mullein), and Capsicum annuum (cayenne).</p>		
<p>LOWER RESPIRATORY SUPPORT (LIQUID EXTRACT COMPOUND) (LRCO) Supports normal healthy lower respiratory tract and immune system function.* Echinacea angustifolia & purpurea (echinacea), Usnea spp. (old man's beard), Lomatium dissectum (lomatium), Asclepias tuberosa (pleurisy root), Glycyrrhiza glabra (licorice), Sanguinaria canadensis (bloodroot), and Capsicum annuum (cayenne).</p>		•
<p>RESPIGUARD GLYCERITE (GLYCERITE COMPOUND) (REGL) Supports normal healthy respiratory tract and immune system function.* Echinacea angustifolia & purpurea (echinacea), Hydrastis canadensis (goldenseal), Inula helenium (elecampane), Eriodictyon californicum (yerba santa), and Trifolium pratense (red clover).</p>		
<p>RESPIRATORY SUPPORT (LIQUID EXTRACT COMPOUND) (RSCO) Eases mild temporary respiratory tract irritation and supports normal healthy immune function.* Urtica dioica (stinging nettle aerial), Eriodictyon californicum (yerba santa), Astragalus membranaceus (astragalus), Bupleurum chinense (Chinese thoroughwax), Inula helenium (elecampane), Zea mays (cornsilk), Verbascum thapsus (mullein), and Armoracia rusticana (horseradish).</p>		
<p>RESPIUSSIVE TEA (HERBAL TEA) (RSTE) Promotes normal healthy respiratory system function.* A Stansbury Tea premium blend. Thymus vulgaris (thyme), Foeniculum vulgare (bitter fennel), Glycyrrhiza glabra (licorice), Lobelia inflata (lobelia), Mentha piperita (peppermint), Urtica dioica (stinging nettle leaf), Verbascum thapsus (mullein), and Zingiber officinale (ginger). Prepare by decoction. (Available in 4 oz & 1 lb sizes.)</p>		

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	QHP	FEU
<p>SMOKELESS (LIQUID EXTRACT COMPOUND) (SMCO) Supports normal healthy lung and nervous system function.* Verbascum thapsus (mullein), Glycyrrhiza glabra (licorice), Avena sativa (oat), Scutellaria lateriflora (skullcap), Eriodictyon californicum (yerba santa), Lobelia inflata (lobelia), and Capsicum annuum (cayenne).</p>		
<p>THROATEASE (LIQUID EXTRACT COMPOUND) (THCO) Promotes soothing feeling for the throat while supporting normal healthy respiratory tract and lymphatic function.* Echinacea angustifolia & purpurea (echinacea), Commiphora myrrha (myrrh), Hydrastis canadensis (goldenseal), Phytolacca americana (poke), and Stillingia sylvatica (queen's root).</p>	•	
<p>THROAT MIST (LIQUID EXTRACT COMPOUND) (TMCO) Echinacea angustifolia & purpurea (echinacea), propolis, E. angustifolia & purpurea glycerite, Hyssopus officinalis (hyssop), Zanthoxylum clava-herculis (southern prickly ash), Monarda fistulosa (wild bergamot beebalm), Ligusticum porteri (osha), and orange essential oil. (Available in 1 & 2 oz sizes with spray misters.)</p>		
<p>UPPER RESPIRATORY SUPPORT (LIQUID EXTRACT COMPOUND) (URCO) Promotes normal healthy sinus passages and upper respiratory tract function.* Achillea millefolium (yarrow), Monarda fistulosa (wild bergamot beebalm), Mahonia spp. (Oregon grape), Inula helenium (elecampane), Thymus vulgaris (thyme), Armoracia rusticana (horseradish), and Urtica dioica (stinging nettle aerial).</p>		
<p>USNEA/ELECAMPANE: BRONCHI-5 (LIQUID EXTRACT COMPOUND) (UECO) Supports normal healthy respiratory tract and immune system function.* Usnea spp. (old man's beard), Inula helenium (elecampane), Verbascum thapsus (mullein), Glycyrrhiza glabra (licorice), and Stillingia sylvatica (queen's root).</p>	•	

BOTTLE SIZES & PRICES

Liquid extract compounds and glycerite compounds come in 1 oz, 2 oz, 4 oz, 8 oz, 16 oz & 32 oz bottles. Larger sizes available on request.

Elixirs and vinegars come in 2 oz, 4 oz, 8 oz, 16 oz & 32 oz bottles.

Droppers are included in the 1 oz & 2 oz sizes and optional in the 4 oz size.

Please see the latest price list for pricing.



Featured: Herbal CE II 8 oz, Allerte 4 oz, Upper Respiratory Support 2 oz, Throat Mist 1 oz

PRODUCTS TO SUPPORT
THE IMMUNE SYSTEM

Immune System

Oregon grape is the state flower of Oregon.

“Mountain Grape, or Oregon Mountain Grape, is similar in action to both goldenseal and barberry.”¹

All liquid extract compounds are in a base of organic alcohol and mountain spring water.

All glycerite compounds are in a base of certified kosher vegetable glycerine and mountain spring water.

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1. *The Complete Illustrated Holistic Herbal*, David Hoffman, 1996, Element Books Limited.

	QHP	FEU
<p>ECHINACEA & BONESET COMPOUND (LIQUID EXTRACT COMPOUND) (FLCO) (FORMERLY FLUEASE) Promotes normal healthy immune system function while easing temporary mild aches.* Echinacea angustifolia & purpurea (echinacea), Eupatorium perfoliatum (boneset), Inula helenium (elecampane), Glycyrrhiza glabra (licorice), Sambucus spp. (elder), and Zanthoxylum clava-herculis (southern prickly ash).</p>		
<p>ECHINACEA GOLDEN C (GLYCERITE COMPOUND) (EGGL) Supports normal healthy immune and respiratory system function.* Similar to Echinacea & Goldenseal but in a vegetable glycerine base with vitamin C. Echinacea angustifolia & purpurea (echinacea root), Hydrastis canadensis (goldenseal), and vitamin C.</p>		
<p>ECHINACEA & GOLDENSEAL (LIQUID EXTRACT COMPOUND) (EGCO) Promotes normal healthy immune system function.* Echinacea angustifolia & purpurea (echinacea root), and Hydrastis canadensis (goldenseal).</p>		
<p>ECHINACEA PLUS CAPSULES (ENCAPSULATION) (PGCA) Promotes normal healthy immune system function.* Echinacea purpurea (echinacea), vitamin C, Glycyrrhiza glabra (licorice), Echinacea angustifolia (echinacea), Ligusticum porteri (osha), bioflavonoids, Inula helenium (elecampane), Hyssopus officinalis (hyssop), Zingiber officinale (ginger), zinc picolinate, and vitamin A palmitate. (100% vegetarian capsules.) (Available in 90 & 1,000 count.)</p>		
<p>ECHINACEA ROYAL (LIQUID EXTRACT COMPOUND) (ERCO) Our renowned premium echinacea blend for promoting normal healthy immune system function.* Echinacea purpurea (echinacea root, flower, and seed) and Echinacea angustifolia (echinacea root).</p>		
<p>ELDERBERRY PLUS SYRUP (SYRUP) (EPSY) Elderberry with the added action of echinacea, vitamin C, zinc, & osha for a broader acting immune support product. Promotes normal healthy immune system function.* Sambucus spp. (elderberry syrup), vitamin C (ascorbic acid), Echinacea angustifolia & purpurea (echinacea), Ligusticum porteri (osha), zinc picolinate, and sweet orange essential oil in a certified kosher vegetable glycerine base. Note: Does not contain honey. (Available in 2, 4, 8, 16 & 32 oz sizes.)</p>		
<p>ELDERBERRY SYRUP (SYRUP) (ELSY) Promotes normal healthy immune system function.* Sambucus spp. (elder) in a certified kosher vegetable glycerine base. (Available in 2, 4, 8, 16 & 32 oz sizes.)</p>		
<p>IMMUNE GLYCERITE (GLYCERITE COMPOUND) (CHGL) Supports normal healthy respiratory tract and immune system function.* Echinacea angustifolia & purpurea (echinacea), Prunus spp. (wild black cherry), Eriodictyon californicum (yerba santa), Inula helenium (elecampane), Hydrastis canadensis (goldenseal), Ligusticum porteri (osha), Verbascum thapsus (mullein), Zingiber officinale (ginger), and bitter orange essential oil.</p>		

	QHP	FEU
<p>IMMUNE TEA (HERBAL TEA) (WITE) Promotes normal healthy sinus passages and upper respiratory tract function.* Zingiber officinale (ginger), Mentha piperita (peppermint), Prunus spp. (wild black cherry), Rosa canina (rose hips), Verbascum thapsus (mullein), Sambucus canadensis (American elder), Citrus sinensis (orange peel), and Glycyrrhiza glabra (licorice). Prepare by infusion. (Available in 4 oz & 1lb sizes.)</p>		
<p>IMMUVIR (LIQUID EXTRACT COMPOUND) (IMCO) Promotes normal healthy immune system function.* Echinacea angustifolia & purpurea (echinacea), Hypericum perforatum (St. John's wort), Hyssopus officinalis (hyssop), Lomatium dissectum (lomatium), Spilanthes acmella (para cress), and Thuja plicata (western red cedar).</p>		
<p>MIXED BERRY SOLID EXTRACT (SOLID EXTRACT) (MBSE) Promotes normal healthy vision, urinary tract, circulatory, cardiac, and immune system function.* Vaccinium macrocarpon (American cranberry), Sambucus spp. (elderberry), Vaccinium spp. (blueberry), and Crataegus spp. (hawthorn) extract in a base of vegetable glycerine and honey. (Available in 2, 4 and 8 oz sizes.)</p>		
<p>PHYTOBIOTIC CAPSULES (ENCAPSULATION) (PBCA) Promotes normal healthy immune system function.* Vitamin C, Echinacea purpurea (echinacea), Hydrastis canadensis (goldenseal), Commiphora myrrha (myrrh), bioflavonoids, Echinacea angustifolia (echinacea), Glycyrrhiza glabra (licorice), Allium sativum (garlic), Zingiber officinale (ginger), Baptisia tinctoria (wild indigo), Usnea spp. (old man's beard), zinc picolinate, and vitamin A palmitate. (100% vegetarian capsules.) (Available in 60, 120 & 1,000 count.)</p>		
<p>PHYTOBIOTIC LIQUID (LIQUID EXTRACT COMPOUND) (PBCO) Promotes normal healthy immune system function.* Echinacea angustifolia & purpurea (echinacea), Hydrastis canadensis (goldenseal), Commiphora myrrha (myrrh), Zingiber officinale (ginger), Baptisia tinctoria (wild indigo), and Zanthoxylum clava-herculis (southern prickly ash).</p>		
<p>PHYTOGUARD EXTENDED (LIQUID EXTRACT COMPOUND) (P2CO) Promotes normal healthy immune system function.* Astragalus membranaceus (astragalus), Ligustrum lucidum (ligustrum), Schisandra chinensis (wu wei zi), Glycyrrhiza glabra (licorice), Panax ginseng (Asian ginseng), Eleutherococcus senticosus (eleuthero), and Atractylodes macrocephala (bai-zhu).</p>		
<p>PHYTOGUARD IMMUNE (LIQUID EXTRACT COMPOUND) (PICO) Promotes normal healthy immune system function.* Echinacea angustifolia & purpurea (echinacea), Glycyrrhiza glabra (licorice), Ligusticum porteri (osha), Hyssopus officinalis (hyssop), Inula helenium (elecampane), and Zingiber officinale (ginger).</p>		
<p>PHYTOGUARD JUNIOR (GLYCERITE COMPOUND) (PJGL) Promotes normal healthy immune system function.* Echinacea angustifolia & purpurea (echinacea), Ligusticum porteri (osha), and Glycyrrhiza glabra (licorice).</p>		

BOTTLE SIZES & PRICES

Liquid extract compounds and glycerite compounds come in 1 oz, 2 oz, 4 oz, 8 oz, 16 oz & 32 oz bottles. Larger sizes available on request.

Elixirs and vinegars come in 2 oz, 4 oz, 8 oz, 16 oz & 32 oz bottles.

Droppers are included in the 1 oz & 2 oz sizes and optional in the 4 oz size.

Please see the latest price list for pricing.



Featured: Elderberry Syrup 4 oz, Immuvir 16 oz, Echinacea & Boneset Compound 8 oz

PRODUCTS TO SUPPORT
THE DIGESTIVE SYSTEM

Digestive System

“Remains of peppermint were found in a bouquet in an ancient Egyptian tomb It rose to prominence from the seventeenth century onward, being highly rated as a digestive remedy by Culpepper.”¹

All liquid extract compounds are in a base of organic alcohol and mountain spring water.

All glycerite compounds are in a base of certified kosher vegetable glycerine and mountain spring water.

KEY:

QHP = Available to qualified healthcare practitioners only.

FEU = For external use only. Do not ingest.

	QHP	FEU
<p>BITTERSWEET ELIXIR (ELIXIR) (BIEL) Promotes normal healthy appetite and digestion without a strong bitter taste.* Taraxacum officinale (dandelion root), Gentiana lutea (gentian), Inula helenium (elecampane), Foeniculum vulgare (bitter fennel), Zingiber officinale (ginger), Curcuma longa (turmeric), Ulmus rubra (slippery elm), and fennel essential oil in a base of mountain spring water, honey and 20% organic alcohol. Take before meals.</p>		
<p>BITTER TONIC (LIQUID EXTRACT COMPOUND) (BTCO) Promotes normal healthy appetite and digestion.* Gentiana lutea (gentian), Pimpinella anisum (anise), Zingiber officinale (ginger), and anise essential oil. Take before meals.</p>		
<p>CANDACTIVE (LIQUID EXTRACT COMPOUND) (CACO) Promotes normal healthy gastrointestinal tract microflora and healthy skin.* Spilanthes acmella (para cress), Tabebuia impetiginosa (pau d'arco), Usnea spp. (old man's beard), Coptis chinensis (Chinese goldthread), Lomatium dissectum (lomatium), and Thymus vulgaris (thyme).</p>		
<p>DIGEST TEA (HERBAL TEA) (RTFE) Refreshing, soothes and supports normal healthy digestive function.* Glycyrrhiza gabra (licorice), Foeniculum vulgare (fennel), Mentha piperita (peppermint), Mentha spicata (spearmint), and Citrus sinensis (orange peel). Prepare by infusion. (Available in 4 oz and 1 lb sizes.)</p>		
<p>FIBER FLOW CAPSULES (ENCAPSULATION) (FFCA) Promotes normal healthy elimination and gastrointestinal tract function.* Psyllium husk, psyllium seed, Avena sativa (oat), Trigonella foenum-graecum (fenugreek), Ulmus rubra (slippery elm), activated carbon (charcoal), Rumex crispus (yellow dock), Althaea officinalis (marshmallow), and Mahonia spp. (Oregon grape). (100% vegetarian capsules.) (Available in 120 & 1,000 count.)</p>		

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

1. *Herbal*, Deni Bown, 2001, Pavilion Books.

	QHP	FEU
<p>GENTIAN & GINGER CAPSULES (ENCAPSULATION) (GGCA) Promotes normal healthy appetite and digestion.* Gentiana lutea (gentian) and Zingiber officinale (ginger). (100% vegetarian capsules.) (Available in 90 & 1,000 count.) Take before meals.</p>		
<p>GENTIAN & SKULLCAP CAPSULES (ENCAPSULATION) (GSCA) Soothes mild nervous tension while promoting normal healthy digestive system function.* Gentiana lutea (gentian) and Scutellaria lateriflora (skullcap). (100% vegetarian capsules.) (Available in 90 & 1,000 count.)</p>		
<p>GI CAPSULES (ENCAPSULATION) (GICA) Promotes normal healthy integrity and function of the gastrointestinal tract.* Based on Robert's Formula from the 19th century. Althaea officinalis (marshmallow), Geranium maculatum (cranesbill), Echinacea purpurea (echinacea), Ulmus rubra (slippery elm), Curcuma longa (turmeric), and Hydrastis canadensis (goldenseal). (100% vegetarian capsules.) (Available in 90 & 1,000 count.)</p>		
<p>JUGLANS PARACIDE (LIQUID EXTRACT COMPOUND) (JPCO) Promotes a normal healthy digestive tract.* Coptis chinensis (Chinese goldthread), Artemisia absinthium (wormwood), Inula helenium (elecampane), Gentiana lutea (gentian), Zingiber officinale (ginger), Syzygium aromaticum (clove), Rheum palmatum (Chinese rhubarb), and Juglans nigra (black walnut).</p>	•	
<p>TUMMY GLYCERITE (GLYCERITE COMPOUND) (TUGL) Promotes temporary relief from digestive system irritation while soothing nervous system function.* Matricaria recutita (chamomile), Melissa officinalis (lemon balm), Foeniculum vulgare (bitter fennel), and fennel essential oil.</p>		

BOTTLE SIZES & PRICES

Liquid extract compounds and glycerite compounds come in 1 oz, 2 oz, 4 oz, 8 oz, 16 oz & 32 oz bottles. Larger sizes available on request.

Elixirs and vinegars come in 2 oz, 4 oz, 8 oz, 16 oz & 32 oz bottles.

Droppers are included in the 1 oz & 2 oz sizes and optional in the 4 oz size.

Please see the latest price list for pricing.



Featured: Gentian & Ginger Capsules 90 ct, GI Capsules 90 ct, Bitter Tonic 16 oz, Gentian & Skullcap Capsules 90 ct, Bittersweet Elixir 8 oz, Tummy Glycerite 4 oz

PRODUCTS TO SUPPORT
THE LIVER & GALLBLADDER

Liver & Gallbladder

“Dioscorides knew this plant as silybon or ‘thistle-like’, hence its generic name. Its other names, marianum and milk thistle, come from the story that the plant’s unusual variegation was caused by the Virgin Mary’s milk, which splashed on to the leaves and ran down the veins.”¹

All liquid extract compounds are in a base of organic alcohol and mountain spring water.

All glycerite compounds are in a base of certified kosher vegetable glycerine and mountain spring water.

KEY:

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	QHP	FEU
<p>HEPACAPS (ENCAPSULATION) (HECA) Promotes normal healthy liver, gallbladder and gastrointestinal function.* Silybum marianum (milk thistle), Taraxacum officinale (dandelion root), Cynara scolymus (artichoke leaf), Bupleurum chinense (Chinese thoroughwax), Mahonia spp. (Oregon grape), Curcuma longa (turmeric), Foeniculum vulgare (bitter fennel), and Glycyrrhiza glabra (licorice). (100% vegetarian capsules.) (Available in 90 & 1,000 count.)</p>		
<p>HEPAGLYCERITE (GLYCERITE COMPOUND) (HEGL) Promotes normal healthy liver, gallbladder and gastrointestinal function.* Silybum marianum (milk thistle), Taraxacum officinale (dandelion root), Arctium lappa (burdock), Mahonia spp. (Oregon grape), and Rumex crispus (yellow dock).</p>		
<p>HEPATONIC (LIQUID EXTRACT COMPOUND) (HECO) Promotes normal healthy liver, gallbladder and gastrointestinal function.* Chelidonium majus (celandine), Silybum marianum (milk thistle), Arctium lappa (burdock), Chionanthus virginicus (fringe tree), and Mahonia spp. (Oregon grape).</p>		
<p>LICORICE SOLID EXTRACT (SOLID EXTRACT) (LISE) Promotes normal healthy liver and adrenal gland function.* Glycyrrhiza glabra (licorice) extract in a base of certified kosher vegetable glycerine. (Available in 2, 4 & 8 oz sizes.)</p>		
<p>LIVIXIR (ELIXIR) (LIEL) Promotes normal healthy liver, gallbladder and gastrointestinal function.* Chelidonium majus (celandine), Taraxacum officinale (dandelion root), Silybum marianum (milk thistle), Cynara scolymus (artichoke), Althaea officinalis (marshmallow), Foeniculum vulgare (bitter fennel), Bupleurum chinense (Chinese thoroughwax), Mahonia spp. (Oregon grape), and fennel essential oil in a base of mountain spring water, honey, and 20% organic alcohol.</p>		

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

1. *The Complete Illustrated Holistic Herbal*, David Hoffman, 1996, Element Books Limited.

PRODUCTS TO SUPPORT
THE URINARY SYSTEM

Urinary System

	QHP	FEU
<p>BLADDER TONIC (LIQUID EXTRACT COMPOUND) (BLCO) Promotes normal healthy muscle tone and function in the bladder and pelvic area.* Alchemilla xanthochlora (lady's mantle), Mitchella repens (partridge berry), Centella asiatica (gotu kola), Hypericum per. (St. John's wort), Hamamelis virginiana (witch hazel), and Zea mays (cornsilk).</p>		
<p>CRANBERRY SYRUP (SYRUP) (CRSY) Supports normal healthy urinary tract and cellular function.* Vaccinium macrocarpon (American cranberry) extract in a glycerine and honey base. (Available in 2, 4, 8, 16 & 32 oz sizes.)</p>		
<p>DRY BED COMPOUND (LIQUID EXTRACT COMPOUND) (DBCO) Promotes normal healthy urinary tract and nervous system function.* Hypericum perforatum (St. John's wort), Zea mays (cornsilk), Urtica dioica (stinging nettle aerial), Eschscholzia californica (California poppy), Plantago spp. (plantain), Equisetum arvense (horsetail), and Avena sativa (oat).</p>		
<p>KIDNEY SUPPORT TONIC (LIQUID EXTRACT COMPOUND) (KSCO) Promotes normal healthy kidney function.* Salvia miltiorrhiza (dan shen), Ginkgo biloba (ginkgo), Zea mays (cornsilk), Panax ginseng (Asian ginseng), Astragalus membranaceus (astragalus), and Rheum palmatum (Chinese rhubarb).</p>		
<p>PHYTODIURETIC (LIQUID EXTRACT COMPOUND) (PDCO) Promotes normal healthy fluid elimination.* Taraxacum officinale (dandelion leaf), Zea mays (cornsilk), Petroselinum crispum (parsley), and Stellaria media (chickweed).</p>		
<p>URINARY TRACT FORMULA (LIQUID EXTRACT COMPOUND) (UTCO) Supports normal healthy urinary tract function.* Echinacea angustifolia & purpurea (echinacea), Arctostaphylos uva-ursi (uva-ursi), Barosma betulina (buchu), Usnea spp. (old man's beard), and Zea mays (cornsilk).</p>		
<p>URINARY TRACT TEA (HERBAL TEA) (URTE) Promotes normal healthy kidney and bladder function.* Arctostaphylos uva-ursi (uva-ursi), Althaea officinalis (marshmallow), Urtica dioica (stinging nettle aerial), Plantago spp. (plantain), and Taraxacum officinale (dandelion leaf). Prepare by decoction. (Available in 4 oz & 1 lb sizes.)</p>		

“Corn is the only known cereal which alone can sustain life without other food, over a long period. Dieticians say that the superb teeth and hair of the Mexicans are due to their basic diet of corn.... The silk (Zea mays) found around the kernels, is one of the most useful remedies for...kidneys and bladder.”¹

BOTTLE SIZES & PRICES

Liquid extract compounds and glycerite compounds come in 1 oz, 2 oz, 4 oz, 8 oz, 16 oz & 32 oz bottles. Larger sizes available on request.

Elixirs and vinegars come in 2 oz, 4 oz, 8 oz, 16 oz & 32 oz bottles.

Droppers are included in the 1 oz & 2 oz sizes and optional in the 4 oz size.

Please see the latest price list for pricing.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

1. *Common Herbs for Natural Health*, Juliette de Bairacli Levy, 1997, Ash Tree Publishing.

PRODUCTS TO SUPPORT
THE GLANDULAR & LYMPHATIC SYSTEMS

Glandular & Lymphatic

*Eleuthero/Siberian ginseng
“was among the top 100
or so most important herbs
listed in the 2,000-year-old
Chinese herbal, Shen Nong
Ben Cao Jing...”¹*

All liquid extract compounds
are in a base of organic alcohol
and mountain spring water.

All glycerite compounds are
in a base of certified kosher
vegetable glycerine and
mountain spring water.

KEY:

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qualified healthcare
practitioners only.

FEU = For external use only.
Do not ingest.

BOTTLE SIZES & PRICES

Liquid extract compounds and
glycerite compounds come in
1 oz, 2 oz, 4 oz, 8 oz, 16 oz &
32 oz bottles. Larger sizes
available on request.

Elixirs and vinegars come
in 2 oz, 4 oz, 8 oz, 16 oz &
32 oz bottles.

Droppers are included in the
1 oz & 2 oz sizes and optional in
the 4 oz size.

Please see the latest price
list for pricing.

For women’s glandular products,
see “Products to Support Women’s
Health,” pages 30–33.

For men’s glandular products
see “Products to Support Men’s
Health,” page 36–37.

	QHP	FEU
<p>ADRENAL TONIC (LIQUID EXTRACT COMPOUND) (GICO) Supports normal healthy circulation and adrenal gland function.* Eleutherococcus senticosus (eleuthero), Centella asiatica (gotu kola), Glycyrrhiza glabra (licorice), Avena sativa (oat), and Ginkgo biloba (ginkgo).</p>		
<p>ALTERATIVE TEA (HERBAL TEA) (ATTE) Promotes normal healthy systemic function.* A Stansbury Tea premium blend. Arctium lappa (burdock), Berberis spp. (barberry), Citrus sinensis (orange), Foeniculum vulgare (bitter fennel), Glycyrrhiza glabra (licorice), Taraxacum officinale (dandelion root), Cinnamomum aromaticum (cinnamon), and Zingiber officinale (ginger). Prepare by decoction. (Available in 4 oz & 1 lb sizes.)</p>		
<p>ELEUTHERO SOLID EXTRACT (SOLID EXTRACT) (ELSE) Promotes a normal healthy response to temporary stress.* Eleutherococcus senticosus (eleuthero) in a base of certified kosher vegetable glycerine and honey. (Available in 2, 4 & 8 oz sizes.)</p>		
<p>ESSIANCE ELIXIR (ELIXIR) (ESEL) Supports glandular, lymphatic, and immune system function while promoting normal healthy blood.* Arctium lappa (burdock), Rumex acetosella (sheep sorrel), Ulmus rubra (slippery elm), and Rheum palmatum (Chinese rhubarb) in a base of mountain spring water, honey and 20% organic alcohol.</p>		
<p>GREEN TEA SOLID EXTRACT (SOLID EXTRACT) (GTSE) Supports normal healthy cell and immune system function.* Camellia sinensis (green tea) extract in a base of certified kosher vegetable glycerine and honey. (Available in 2, 4 & 8 oz sizes.)</p>		
<p>GYMNEMA CAPSULES (ENCAPSULATION) (GYCA) Supports normal healthy blood sugar metabolism.* Not recommended for people with hypoglycemia. Gymnema sylvestre (gymnema). Approximately 1,000 mg per serving. (100% vegetarian capsules.) (Available in 90 & 1,000 count.)</p>		
<p>GYMNEMA COMPOUND (LIQUID EXTRACT COMPOUND) (DMCO) Supports normal healthy blood sugar metabolism.* Not recommended for people with hypoglycemia. Gymnema sylvestre (gymnema), Vaccinium spp. (blueberry/bilberry), Oplopanax horridus (devil’s club), Taraxacum officinale (dandelion whole), and Trigonella foenum-graecum (fenugreek).</p>		
<p>HOXSEY-LIKE FORMULA (LIQUID EXTRACT COMPOUND) (HOCO) Supports glandular, lymphatic, and immune system function while promoting normal healthy blood.* Trifolium pratense (red clover), Glycyrrhiza glabra (licorice), Arctium lappa (burdock), Mahonia spp. (Oregon grape), Rhamnus purshiana (cascara sagrada), Rhamnus frangula (buckthorn), Phytolacca americana (poke), Stillingia sylvatica (queen’s root), Zanthoxylum clava-herculis (southern prickly ash), and Baptisia tinctoria (wild indigo), and a 2% solution of potassium iodide.</p>	•	

	QHP	FEU
<p>HOXSEY-LIKE FORMULA WITHOUT POTASSIUM IODIDE (LIQUID EXTRACT COMPOUND) (HOCO2)</p> <p>Supports glandular, lymphatic, and immune system function while promoting normal healthy blood.*</p> <p>Trifolium pratense (red clover), Glycyrrhiza glabra (licorice), Arctium lappa (burdock), Mahonia spp. (Oregon grape), Rhamnus purshiana (cascara sagrada), Rhamnus frangula (buckthorn), Phytolacca americana (poke), Stillingia sylvatica (queen's root), Zanthoxylum clava-herculis (southern prickly ash), and Baptisia tinctoria (wild indigo).</p>	•	
<p>LICORICE SOLID EXTRACT (SOLID EXTRACT) (LISE)</p> <p>Promotes normal healthy liver and adrenal gland function.*</p> <p>A Glycyrrhiza glabra (licorice) extract in a base of certified kosher vegetable glycerine. (Available in 2, 4 & 8 oz sizes.)</p>		
<p>LYMPHAGOGUE COMPOUND (LIQUID EXTRACT COMPOUND) (LYCO)</p> <p>Supports normal healthy lymphatic and immune system function.*</p> <p>Ceanothus americanus (red root), Echinacea angustifolia & purpurea (echinacea), Arctium lappa (burdock), Stillingia sylvatica (queen's root), Phytolacca americana (poke), Baptisia tinctoria (wild indigo), and Zanthoxylum clava-herculis (southern prickly ash).</p>	•	
<p>MACA CAPSULES (ENCAPSULATION) (MACA)</p> <p>Supports a normal healthy sex drive, normal vitality and a healthy response to temporary stress. Promotes a healthy mind, body and spirit.*</p> <p>Lepidium meyenii (maca). ≈ 520 mg per serving. (100% vegetarian capsules.) (Available in 90 & 1,000 count and 4 oz & 1 lb bulk powder.)</p>		
<p>REJUVENATE (LIQUID EXTRACT COMPOUND) (RECO)</p> <p>Supports normal healthy endocrine system function and mental alertness.*</p> <p>Centella asiatica (gotu kola), Ginkgo biloba (ginkgo), Eleutherococcus senticosus (eleuthero), Urtica dioica (stinging nettle aerial), Rosmarinus officinalis (rosemary), Fucus vesiculosus (bladderwrack), and Zanthoxylum clava-herculis (southern prickly ash).</p>		
<p>THYROID I (LIQUID EXTRACT COMPOUND) (TICO)</p> <p>Promotes normal healthy thyroid gland function.* Not recommended for people with hyperthyroidism or Grave's disease.</p> <p>Schisandra chinensis (wu wei zi), Commiphora mukul (guggul), Urtica dioica (stinging nettle aerial), and Glycyrrhiza glabra (licorice).</p>		
<p>THYROID II (LIQUID EXTRACT COMPOUND) (T2CO)</p> <p>Promotes normal healthy thyroid gland function.* Not recommended for people with hypothyroidism.</p> <p>Lycopus virginicus (bugleweed), Leonurus cardiaca (motherwort), Melissa officinalis (lemon balm), Passiflora incarnata (passionflower), Selenicereus grandiflorus (night-blooming cereus), and lavender essential oil.</p>	•	
<p>TURSKA'S REVISED (LIQUID EXTRACT COMPOUND) (TRCO)</p> <p>Supports normal healthy female glandular tissue structure and function.*</p> <p>Vitex agnus-castus (chaste tree), Chamaelirium luteum (false unicorn), Arctium lappa (burdock), Ceanothus americanus (red root), Serenoa repens (saw palmetto), Phytolacca americana (poke root), Zanthoxylum clava-herculis (southern prickly ash), Baptisia tinctoria (wild indigo), Gelsemium sempervirens (yellow jasmine), Iris versicolor (blue flag), Zingiber officinale (ginger), and Aconitum napellus (monkshood).</p>	•	

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

1. Herbal, Deni Bown, 2001, Pavilion Books.

PRODUCTS TO SUPPORT
THE SKIN & MUSCULOSKELETAL SYSTEM

Skin & Musculoskeletal

“The golden-orange flowers look like a piece of the sun fallen to earth.... The reputation of Calendula... in German folk practice came to the attention of Hahnemann, the founder of Homeopathy.... (It) is one of the few remedies used in material doses in Homeopathy (and) is now widely used by herbal practitioners as well.”¹

All liquid extract compounds are in a base of organic alcohol and mountain spring water.

All glycerite compounds are in a base of certified kosher vegetable glycerine and mountain spring water.

KEY:

QHP = Available to qualified healthcare practitioners only.

FEU = For external use only. Do not ingest.

NOTE: *We are unable to accept returns on suppositories. All sales are final.*

	QHP	FEU
<p>ALL PURPOSE SALVE (TOPICAL APPLICATION) (APSA) Calendula officinalis (calendula), Symphytum officinale (comfrey), vitamins A and E, in a base of organic extra virgin olive oil and beeswax. (Available in 1 & 2 oz sizes.)</p>		•
<p>ARCH OIL COMPOUND (BOTANICAL OIL COMPOUND) (AOCOI) (FORMERLY CALLED TRAUMA OIL) Arnica spp. (arnica) oil, Ruta graveolens (rue) oil, Calendula officinalis (calendula) oil, and Hypericum perforatum (St. John’s wort) oil in a base of organic extra virgin olive oil and vitamin E oil. (Available in 1, 2, 4, 8 & 16 oz sizes.)</p>		•
<p>BUG SPRAY (TOPICAL APPLICATION) (BUGES) Caution: Apply to clothing to avoid repeated skin contact. Citronella essential oil, pennyroyal essential oil, lavender essential oil, and geranium essential oil in a base of organic alcohol and mountain spring water. (Available in 1 oz and 2 oz size with spray mister.)</p>		•
<p>CALENDULA SUPPOSITORIES (HOMEOPATHIC SUPPOSITORY) (CASU) For sensitive, irritated tissues & mucous membranes.* Active ingredient (each suppository): Calendula 6x HPUS. Inactive ingredients: Allantoin, calendula (botanical), cocoa butter, marshmallow, vitamin A oil and vitamin E oil. Contains soy. (Available in 12 & 36 ct.)</p>		
<p>JOINT SUPPORT CAPSULES (ENCAPSULATION) (RACA) Eases temporary joint tension and soreness associated with overexertion.* Yucca spp. (yucca), Harpagophytum procumbens (devil’s claw), Juniperus communis (juniper), Arctium lappa (burdock), Cimicifuga racemosa (black cohosh), Boswellia serrata (Indian frankincense), Curcuma longa (turmeric), Angelica sinensis (dong quai), and Medicago sativa (alfalfa seed and leaf). (100% vegetarian capsules.) (Available in 120 & 1,000 count.)</p>		
<p>LICORICE LYSINE PLUS (TOPICAL APPLICATION) (LLSA) Glycyrrhiza glabra (licorice) solid extract, lysine, lavender essential oil, propolis, Mahonia spp. (Oregon grape), Calendula officinalis (calendula succus), lemon balm essential oil, benzoin, vitamins A and E, and zinc. (Available in 1 oz size only.)</p>		•

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

1. *The Book of Herbal Wisdom*, Matthew Wood, 1997, North Atlantic Books.

	QHP	FEU
<p>NUTRITIVE TEA (HERBAL TEA) (NUTE) Promotes normal healthy skeletal and connective tissue function.* A Stansbury Tea premium blend. Mentha piperita (peppermint), Centella asiatica (gotu kola), Taraxacum officinale (dandelion), Rubus idaeus (red raspberry), Matricaria recutita (chamomile), Urtica dioica (stinging nettle leaf), Althaea officinalis (marshmallow), Equisetum arvense (horsetail), and Rosa centifolia (Provence rose). Prepare by infusion. (Available in 4 oz & 1 lb sizes.)</p>		
<p>PAINLESS FORMULA (LIQUID EXTRACT COMPOUND) (PFCO) Eases normal temporary muscle soreness and tension associated with physical overexertion.* Corydalis yanhusuo (corydalis), Curcuma longa (turmeric), Eschscholzia californica (California poppy), Eupatorium perfoliatum (boneset), Harpagophytum procumbens (devil's claw), Hypericum perforatum (St. John's wort), Piper methysticum (kava), Piscidia piscipula (Jamaica dogwood), and Scutellaria lateriflora (skullcap).</p>	•	
<p>SKIN DEEP (LIQUID EXTRACT COMPOUND) (SDCO) Promotes normal healthy skin and liver function.* Arctium lappa (burdock), Mahonia spp. (Oregon grape), Smilax ornata (sarsaparilla), Urtica dioica (stinging nettle aerial), Equisetum arvense (horsetail), and Rumex spp. (yellow dock).</p>		
<p>TEA TREE SALVE (TOPICAL APPLICATION) (TTSA) Juglans nigra (black walnut) oil, Achillea millefolium (yarrow) oil, Spilanthes acmella (para cress) oil, Usnea spp. (old man's beard) oil, tea tree essential oil, and sulphur in a base of organic extra virgin olive oil and beeswax. (Available in 1 & 2 oz sizes.)</p>		•
<p>THUJA SUPPOSITORIES (HOMEOPATHIC SUPPOSITORY) (TLSU) Acts on wart-like tissue growths.* Active ingredient (each suppository): Thuja 6x HPUS. Inactive ingredients: Cocoa butter, lomatium, organic alcohol, spring water, vitamin A oil and western red cedar essential oil. (Available in 12 & 36 ct.)</p>		
<p>WILD WEED SALVE (TOPICAL APPLICATION) (WWSA) Stellaria media (chickweed) oil or Urtica dioica (stinging nettle leaf), Plantago spp. (plantain) oil, Lavandula angustifolia (English lavender) oil, Achillea millefolium (yarrow) oil, Althaea officinalis (marshmallow) oil, Calendula officinalis (calendula) oil, and Hypericum perforatum (St. John's wort) oil in a base of organic extra virgin olive oil and beeswax. (Available in 1 & 2 oz sizes.)</p>		•

BOTTLE SIZES & PRICES

Liquid extract compounds and glycerite compounds come in 1 oz, 2 oz, 4 oz, 8 oz, 16 oz & 32 oz bottles. Larger sizes available on request.

Elixirs and vinegars come in 2 oz, 4 oz, 8 oz, 16 oz & 32 oz bottles.

Droppers are included in the 1 oz & 2 oz sizes and optional in the 4 oz size.

Please see the latest price list for pricing.



Featured: Joint Support Capsules 120 ct, Painless Formula 8 oz, Wild Weed Salve 2 oz

PRODUCTS TO SUPPORT
WOMEN'S HEALTH

Women's Health

*Chaste tree berry...
"first appears in medical
literature...about 1061...
it is mentioned in the
Iliad ...by Homer in
the eighth century
BC. Centuries later,
the ground seeds were
used as a condiment by
monks to lower their sex
drive, hence the name
'chaste tree'... [T]oday it
is one of the most
(widely) used herbs
for adjusting female
hormones."¹*

All liquid extract compounds are
in a base of organic alcohol and
mountain spring water.

All glycerite compounds are
in a base of certified kosher
vegetable glycerine and mountain
spring water.

KEY:

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*NOTE: We are unable to
accept returns on
suppositories.
All sales are final.*

	QHP	FEU
<p>ANTIOX SUPPOSITORIES (HOMEOPATHIC SUPPOSITORY) (VESU) (FORMERLY CALLED VITAMIN E SUPPOSITORIES) Promotes healthy tissue and mucosa.* Active ingredient (each suppository): Calendula 6x HPUS, Nat-mur 6x HPUS. Inactive ingredients: Cocoa butter and vitamin E oil. Contains soy. (Available in 12 & 36 ct.)</p>		
<p>BLADDER TONIC (LIQUID EXTRACT COMPOUND) (BLCO) Promotes normal healthy muscle tone and function in the bladder and pelvic area.* Alchemilla xanthochlora (lady's mantle), Mitchella repens (partridge berry), Centella asiatica (gotu kola), Hypericum perforatum (St. John's wort), Hamamelis virginiana (witch hazel), and Zea mays (cornsilk).</p>		
<p>CALENDULA SUPPOSITORIES (HOMEOPATHIC SUPPOSITORY) (CASU) For sensitive, irritated tissues & mucous membranes.* Active ingredient (each suppository): Calendula 6x HPUS. Inactive ingredients: Allantoin, calendula (botanical), cocoa butter, marshmallow, vitamin A oil and vitamin E oil. Contains soy. (Available in 12 & 36 ct.)</p>		
<p>DOUBLE T SUPPOSITORIES (HOMEOPATHIC SUPPOSITORY) (TTSU) (FORMERLY CALLED TEA TREE SUPPOSITORIES) Acts on tissue fungal growths.* Active ingredient (each suppository): Candida albicans 6c HPUS, Thuja 6x HPUS. Inactive ingredients: Cocoa butter and tea tree essential oil. (Available in 12 & 36 ct.)</p>		
<p>FEMALE TONIC (LIQUID EXTRACT COMPOUND) (FTCO) Promotes normal healthy female glandular system and liver function.* Vitex agnus-castus (chaste tree), Arctium lappa (burdock), Angelica sinensis (dong quai), Calendula officinalis (calendula), Ceanothus americanus (red root), and Galium aparine (cleavers).</p>		
<p>FERTILI-TEA (HERBAL TEA) (FETE) Supports normal healthy female reproductive system function.* A Stansbury Tea premium blend. Glycyrrhiza glabra (licorice), Leonurus cardiaca (motherwort), Matricaria recutita (chamomile), Medicago sativa (alfalfa), Rubus idaeus (red raspberry), Trifolium pratense (red clover), Urtica dioica (stinging nettle leaf), and Rosa centifolia (Provence rose). Prepare by infusion. (Available in 4 oz & 1 lb sizes.)</p>		
<p>HEALING SUPPOSITORIES (HOMEOPATHIC SUPPOSITORY) (VASU) (FORMERLY CALLED VITAMIN A SUPPOSITORIES) Relieves irritation, protects tissues, promotes healthy tissue and mucosa.* Active ingredient (each suppository): Calendula 6x HPUS, Silicea 10x HPUS. Inactive ingredients: Cocoa butter and vitamin A oil. (Available in 12 & 36 ct.)</p>		

	QHP	FEU
<p>HERBAL DOUCHE (VINEGAR COMPOUND) (HDVC)</p> <p>Althaea officinalis (marshmallow), Mahonia spp. (Oregon grape), Origanum vulgare (oregano), Calendula officinalis (calendula), Usnea spp. (old man's beard), Achillea millefolium (yarrow) and thyme essential oil in a base of organic apple cider vinegar. (Available in 4 oz size only.)</p>		
<p>MACA CAPSULES (ENCAPSULATION) (MACA)</p> <p>Supports a normal healthy sex drive, vitality and a healthy response to temporary stress. Promotes a healthy mind, body and spirit.*</p> <p>Lepidium meyenii (maca) ≈ 520 mg per serving. (100% vegetarian capsules.) (Available in 90 & 1,000 count and 4 oz & 1 lb bulk powder.)</p>		
<p>MENOMORPHOSIS (LIQUID EXTRACT COMPOUND) (MECO)</p> <p>Promotes normal healthy female glandular system function and soothes temporary nervous tension.*</p> <p>Angelica sinensis (dong quai), Arctium lappa (burdock), Vitex agnus-castus (chaste tree), Leonurus cardiaca (motherwort), Cimicifuga racemosa (black cohosh), and Glycyrrhiza glabra (licorice).</p>		
<p>MOTHER'S CORDIAL (ELIXIR) (MCEL)</p> <p>A classic formula used for more than 100 years by physicians and midwives to support normal healthy uterine function during the final weeks of pregnancy.*</p> <p>Mitchella repens (partridge berry), Caulophyllum thalictroides (blue cohosh), Viburnum opulus (cramp bark), and Chamaelirium luteum (false unicorn) in a base of mountain spring water, honey, and 20% organic alcohol.</p>		
<p>MOTHER'S LACTAFLOW (LIQUID EXTRACT COMPOUND) (MLCO)</p> <p>Promotes normal healthy lactation.* Based on a time-honored formula handed down through the years by herbal sages.</p> <p>Foeniculum vulgare (bitter fennel), Cnicus benedictus (blessed thistle), Galega officinalis (goat's rue), and Trigonella foenum-graecum (fenugreek).</p>		
<p>MULTIPLE FORMULA (LIQUID EXTRACT COMPOUND) (MFCO)</p> <p>Daily tonic supporting normal healthy metabolism, brain function and vitality.*</p> <p>Rhodiola rosea (rhodiola), Lepidium meyenii (maca), Arctium lappa (burdock), Mahonia spp. (Oregon grape), Taraxacum officinale (dandelion whole), and Urtica dioica (stinging nettle aerial).</p>		

BOTTLE SIZES & PRICES

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Droppers are included in the 1 oz & 2 oz sizes and optional in the 4 oz size.

Please see the latest price list for pricing.



Featured: Mother's Cordial 4 oz, Mother's Lactaflow 2 oz

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

1. Herbal, Deni Bown, 2001, Pavilion Books

PRODUCTS TO SUPPORT
WOMEN'S HEALTH (CONTINUED)

Women's Health

All liquid extract compounds are in a base of organic alcohol and mountain spring water.

All glycerite compounds are in a base of certified kosher vegetable glycerine and mountain spring water.

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	QHP	FEU
<p>PHYTOEST (LIQUID EXTRACT COMPOUND) (PECO) Promotes normal healthy female glandular system function.* Cimicifuga racemosa (black cohosh), Angelica sinensis (dong quai), Foeniculum vulgare (bitter fennel), and Medicago sativa (alfalfa).</p>		
<p>PHYTOPROGEST (LIQUID EXTRACT COMPOUND) (PPCO) Promotes normal healthy female glandular system function.* Vitex agnus-castus (chaste tree), Dioscorea villosa (wild yam), Smilax ornata (sarsaparilla), Taraxacum officinale (dandelion whole), and Trigonella foenum-graecum (fenugreek).</p>		
<p>PMS COMPOUND (LIQUID EXTRACT COMPOUND) (PMCO) Promotes relief from premenstrual symptoms, difficult menstruation and normal cramping.* Valeriana officinalis & sitchensis (valerian), Taraxacum officinale (dandelion whole), Angelica sinensis (dong quai), Dioscorea villosa (wild yam), and Vitex agnus-castus (chaste tree).</p>		
<p>SUPPOSITORIES #1 (HOMEOPATHIC SUPPOSITORY) (#1SU) Promotes normal healthy mucous membranes.* Active ingredient (each suppository): Echinacea 6x HPUS, Hydrastis 6x HPUS. Inactive ingredients: Allantoin, cocoa butter, echinacea (botanical), goldenseal (botanical), marshmallow, vitamin A oil, vitamin E oil and yarrow. Contains soy. (Available in 12 & 36 ct.)</p>		
<p>SUPPOSITORIES #2 (HOMEOPATHIC SUPPOSITORY) (#2SU) Reduces vascular engorgement & soreness associated with hemorrhoids & varicose or enlarged veins.* Active ingredient (each suppository): Calc-fluor 12x HPUS, Collinsonia 6x HPUS, Hamamelis 6x HPUS. Inactive ingredients: Allantoin, butcher's broom, cocoa butter, marshmallow, stoneroot, vitamin A oil, vitamin E oil and witch hazel. Contains soy. (Available in 12 & 36 ct.)</p>		
<p>THUJA SUPPOSITORIES (HOMEOPATHIC SUPPOSITORY) (TLSU) Acts on wart-like tissue growths.* Active ingredient (each suppository): Thuja 6x HPUS. Inactive ingredients: Cocoa butter, lomatium, organic alcohol, spring water, vitamin A oil and western red cedar essential oil. (Available in 12 & 36 ct.)</p>		
<p>THYROID I (LIQUID EXTRACT COMPOUND) (TICO) Promotes normal healthy thyroid gland function.* Not recommended for people with hyperthyroidism or Grave's disease. Schisandra chinensis (wu wei zi), Commiphora mukul (guggul), Urtica dioica (stinging nettle aerial), and Glycyrrhiza glabra (licorice).</p>		

	QHP	FEU
<p>THYROID II (LIQUID EXTRACT COMPOUND) (T2CO) Promotes normal healthy thyroid gland function.* Not recommended for people with hypothyroidism. Lycopus virginicus (bugleweed), Leonurus cardiaca (motherwort), Melissa officinalis (lemon balm), Passiflora incarnata (passionflower), Selenicereus grandiflorus (night-blooming cereus), and lavender essential oil.</p>	•	
<p>TURSKA'S REVISED (LIQUID EXTRACT COMPOUND) (TRCO) Supports normal healthy female glandular tissue structure and function.* Vitex agnus-castus (chaste tree), Chamaelirium luteum (false unicorn), Arctium lappa (burdock), Ceanothus americanus (red root), Serenoa repens (saw palmetto), Phytolacca americana (poke root), Zanthoxylum clava-herculis (southern prickly ash), Baptisia tinctoria (wild indigo), Gelsemium sempervirens (yellow jasmine), Iris versicolor (blue flag), Zingiber officinale (ginger), and Aconitum napellus (monkshood).</p>	•	
<p>VAG PACK SUPPOSITORIES (HOMEOPATHIC SUPPOSITORY) (VPSU) Depletion pack for healthy vaginal tissue maintenance.* Active ingredient (each suppository): Hydrastis 6x HPUS. Inactive ingredients: Bitter orange essential oil, cocoa butter, epsom salt, ferric subsulfate, goldenseal (botanical), tea tree essential oil, vitamin A oil and western red cedar essential oil. (Available in 12 & 36 ct.)</p>	•	
<p>WOMEN'S CRAMPBARK COMPOUND (LIQUID EXTRACT COMPOUND) (WCCO) Promotes relief from normal menstrual cramping and difficult menstruation.* Angelica sinensis (dong quai), Valeriana officinalis (valerian), Piscidia piscipula (Jamaica dogwood), Viburnum opulus (cramp bark), and Caulophyllum thalictroides (blue cohosh).</p>		
<p>WOMEN'S MENOCAPS (ENCAPSULATION) (WMCA) Promotes normal healthy female glandular system function and soothes temporary nervous tension.* Angelica sinensis (dong quai), Arctium lappa (burdock), Vitex agnus-castus (chaste tree), Cimicifuga racemosa (black cohosh), Leonurus cardiaca (motherwort), and Glycyrrhiza glabra (licorice). (100% vegetarian capsules.) (Available in 120 & 1,000 count.)</p>		

BOTTLE SIZES & PRICES

Liquid extract compounds and glycerite compounds come in 1 oz, 2 oz, 4 oz, 8 oz, 16 oz & 32 oz bottles. Larger sizes available on request.

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Droppers are included in the 1 oz & 2 oz sizes and optional in the 4 oz size.

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Featured: Phytoest 4 oz, Women's Menocaps 120 ct, PMS Compound 8 oz, Phytoprogest 2 oz, Women's Crampbark Compound 1 oz

PRODUCTS TO SUPPORT
CHILDREN'S HEALTH

Children's Health

*Elder "... is one of the greatest of all herbs. It is sacred to the Gypsies who will not burn it as wood in their fires.... A favorite herb of that first great doctor, Hippocrates.... Elder trees survive in the courts of the old synagogues of Safad (the ancient town of the mystics of Galilee, birthplace of the Kabala). A magic tree."*¹

All liquid extract compounds are in a base of organic alcohol and mountain spring water.

All glycerite compounds are in a base of certified kosher vegetable glycerine and mountain spring water.

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	QHP	FEU
<p>DRY BED COMPOUND (LIQUID EXTRACT COMPOUND) (DBCO) Promotes normal healthy urinary tract and nervous system function.* Hypericum perforatum (St. John's wort), Zea mays (cornsilk), Urtica dioica (stinging nettle aerial), Eschscholzia californica (California poppy), Plantago spp. (plantain), Equisetum arvense (horsetail), and Avena sativa (oat).</p>		
<p>ELDERBERRY PLUS SYRUP (SYRUP) (EPSY) Elderberry with the added action of echinacea, vitamin C, zinc, & osha for a broader acting immune support product. Promotes normal healthy immune system function.* Sambucus spp. (elderberry syrup), vitamin C (ascorbic acid), Echinacea angustifolia & purpurea (echinecea), Ligusticum porteri (osha), zinc picolinate, and sweet orange essential oil in a certified kosher vegetable glycerine base. Note: Does not contain honey. (Available in 2, 4, 8, 16 & 32 oz sizes.)</p>		
<p>ELDERBERRY SYRUP (SYRUP) (ELSY) Promotes normal healthy immune system function.* Sambucus spp. (elder) in a certified kosher vegetable glycerine base. (Available in 2, 4, 8, 16 & 32 oz sizes.)</p>		
<p>HERBAL CE I (ELIXIR) (H1EL) (FORMERLY CALLED HERBAL COUGH ELIXIR I) Soothes temporary respiratory tract irritation.* Not recommended for children under 1 year of age due to honey content. Althaea officinalis (marshmallow), Inula helenium (elecampane), Ligusticum porteri (osha), Verbascum thapsus (mullein), Prunus spp. (wild black cherry), Usnea spp. (old man's beard), Foeniculum vulgare (bitter fennel), Glycyrrhiza glabra (licorice), Citrus sinensis (orange peel), propolis, and menthol crystals in a base of mountain spring water, honey, and 20% organic alcohol.</p>		
<p>HERBAL CE II (ELIXIR) (H2EL) (FORMERLY CALLED HERBAL COUGH ELIXIR II) Soothes temporary respiratory tract irritation.* Made without menthol for those taking homeopathics and with glycerine instead of honey for children under 1 year of age. Althaea officinalis (marshmallow), Usnea spp. (old man's beard), Prunus spp. (wild black cherry), Inula helenium (elecampane), Ligusticum porteri (osha), Rosa canina (rose hips), Cymbopogon citratus (lemongrass), Eriodictyon californicum (yerba santa), Cinnamomum aromaticum (cinnamon), Verbascum thapsus (mullein), Citrus sinensis (orange peel), orange essential oil and lemon essential oil in a base of 20% organic alcohol, mountain spring water, and certified kosher vegetable glycerine.</p>		

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1. *Common Herbs for Natural Health*, Juliette de Bairacli Levy, 1997, Ash Tree Publishing.

	QHP	FEU
<p>IMMUNE GLYCERITE (GLYCERITE COMPOUND) (CHGL) Supports normal healthy respiratory tract and immune system function.* Echinacea angustifolia & purpurea (echinacea), Prunus spp. (wild black cherry), Eriodictyon californicum (yerba santa), Inula helenium (elecampane), Hydrastis canadensis (goldenseal), Ligusticum porteri (osha), Verbascum thapsus (mullein), Zingiber officinale (ginger), and bitter orange essential oil.</p>		
<p>KALMERITE (GLYCERITE COMPOUND) (KAGL) Promotes emotional balance and soothes temporary nervous tension.* Passiflora incarnata (passionflower), Matricaria recutita (chamomile), Melissa officinalis (lemon balm), Nepeta cataria (catnip), Eschscholzia californica (California poppy), and Lavandula angustifolia (English lavender).</p>		
<p>LIQUID SERENITY (LIQUID EXTRACT COMPOUND) (LSCO) Promotes a normal healthy nervous system and emotional balance.* Hypericum perforatum (St. John's wort), Eschscholzia californica (California poppy), Eleutherococcus senticosus (eleuthero), Avena sativa (oat), Matricaria recutita (chamomile), Schisandra chinensis (wu wei zi), Scutellaria lateriflora (skullcap), orange essential oil, and lavender essential oil.</p>		
<p>MULLEIN & GARLIC OIL COMPOUND (BOTANICAL OIL COMPOUND) (MOCO1) Hypericum perforatum (St. John's wort) oil, Calendula officinalis (calendula) oil, Verbascum thapsus (mullein) oil, Allium sativum (garlic) oil, Larrea tridentata (chaparral) oil, and vitamin E oil in a base of organic extra virgin olive oil. (Available in 0.5, 1, 2, 4, 8, 16 & 32 oz sizes.)</p>		•
<p>PHYTOGUARD JUNIOR (GLYCERITE COMPOUND) (PJGL) Promotes normal healthy immune system function.* Echinacea angustifolia & purpurea (echinacea), Ligusticum porteri (osha), and Glycyrrhiza glabra (licorice).</p>		
<p>THROAT MIST (LIQUID EXTRACT COMPOUND) (TMCO) Echinacea angustifolia & purpurea (echinacea), propolis, E. angustifolia & purpurea glycerite, Hyssopus officinalis (hyssop), Zanthoxylum clava-herculis (southern prickly ash), Monarda fistulosa (wild bergamot beebalm), Ligusticum porteri (osha), and orange essential oil. (Available in 1 & 2 oz sizes with spray misters.)</p>		
<p>TUMMY GLYCERITE (GLYCERITE COMPOUND) (TUGL) Promotes temporary relief from digestive system irritation while soothing nervous system function.* Matricaria recutita (chamomile), Melissa officinalis (lemon balm), Foeniculum vulgare (bitter fennel), and fennel essential oil.</p>		

BOTTLE SIZES & PRICES

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Please see the latest price list for pricing.



Featured: Mullein & Garlic Oil .5 oz, Immune Glycerite 4 oz, PhytoGuard Junior 2 oz

PRODUCTS TO SUPPORT
MEN'S HEALTH

Men's Health

Saw palmetto: "Care of the prostate is a very serious issue for men over forty. Nearly 60 percent of men between forty and sixty years old have some benign [involvement]...of the prostate gland..."²¹

Damiana: "The word 'aphrodisiac' refers to Aphrodite, the Greek goddess of sexual love, beauty and fertility. In herbal terms, an aphrodisiac is a substance ...that stimulates or increases sexual interest and vigour."²²

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All glycerite compounds are in a base of certified kosher vegetable glycerine and mountain spring water.

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	QHP	FEU
<p>CALENDULA SUPPOSITORIES (HOMEOPATHIC SUPPOSITORY) (CASU) For sensitive, irritated tissues & mucous membranes.* Active ingredient (each suppository): Calendula 6x HPUS. Inactive ingredients: Allantoin, calendula (botanical), cocoa butter, marshmallow, vitamin A oil and vitamin E oil. Contains soy. (Available in 12 & 36 ct.)</p>		
<p>GREEN TEA SOLID EXTRACT (SOLID EXTRACT) (GTSE) Supports normal healthy cell and immune system function.* Camellia sinensis (green tea) extract in a base of certified kosher vegetable glycerine and honey. (Available in 2, 4 & 8 oz sizes.)</p>		
<p>HEALING SUPPOSITORIES (HOMEOPATHIC SUPPOSITORY) (VASU) (FORMERLY CALLED VITAMIN A SUPPOSITORIES) Relieves irritation, protects tissues, promotes healthy tissue and mucosa.* Active ingredient (each suppository): Calendula 6x HPUS, Silicea 10x HPUS. Inactive ingredients: Cocoa butter and vitamin A oil. (Available in 12 & 36 ct.)</p>		
<p>MACA CAPSULES (ENCAPSULATION) (MACA) Supports a normal healthy sex drive, vitality and a healthy response to temporary stress. Promotes a healthy mind, body and spirit.* Lepidium meyenii (maca) ≈ 520 mg per serving. (100% vegetarian capsules.) (Available in 90 & 1,000 count and 4 oz & 1 lb bulk powder.)</p>		
<p>MALE TONIC (LIQUID EXTRACT COMPOUND) (MTCO) Supports normal healthy male genital tract function.* Panax ginseng (Asian ginseng), Serenoa repens (saw palmetto), Eleutherococcus senticosus (eleuthero), Ptychopetalum olacoides (muira puama), Smilax ornata (sarsaparilla), Ginkgo biloba (ginkgo), Avena sativa (oat), and Turnera diffusa (damiana).</p>		
<p>MULTIPLE FORMULA (LIQUID EXTRACT COMPOUND) (MFCO) Daily tonic supporting normal healthy metabolism, brain function and vitality.* Rhodiola rosea (rhodiola), Lepidium meyenii (maca), Arctium lappa (burdock), Mahonia spp. (Oregon grape), Taraxacum officinale (dandelion whole), and Urtica dioica (stinging nettle aerial).</p>		

	QHP	FEU
<p>PSA CAPSULES (ENCAPSULATION) (PSCA) Supports established normal healthy PSA levels.* Ganoderma lucidum (reishi), Scutellaria baicalensis (baikal skullcap), Rabdosia rubescens (rabdosia), Panax notoginseng (Tienchi ginseng), Isatis indigotica (isatis), Dendranthema grandiflorum (chrysanthemum), Serenoa repens (saw palmetto), and Glycyrrhiza glabra (licorice). (100% vegetarian capsules.) (Available in 90 & 1,000 count.)</p>		
<p>SAW PALMETTO COMPOUND (LIQUID EXTRACT COMPOUND) (SPCO) Supports normal healthy prostate gland function.* Serenoa repens (saw palmetto), Chimaphila umbellata (pipsissewa), Galium aparine (cleavers), and Urtica dioica (stinging nettle root).</p>		
<p>SUPPOSITORIES #2 (HOMEOPATHIC SUPPOSITORY) (#2SU) Reduces vascular engorgement & soreness associated with hemorrhoids & varicose or enlarged veins.* Active ingredient (each suppository): Calc-fluor 12x HPUS, Collinsonia 6x HPUS, Hamamelis 6x HPUS. Inactive ingredients: Allantoin, butcher's broom, cocoa butter, marshmallow, stoneroot, vitamin A oil, vitamin E oil and witch hazel. Contains soy. (Available in 12 & 36 ct.)</p>		
<p>THUJA SUPPOSITORIES (HOMEOPATHIC SUPPOSITORY) (TLSU) Acts on wart-like tissue growths.* Active ingredient (each suppository): Thuja 6x HPUS. Inactive ingredients: Cocoa butter, lomatium, organic alcohol, spring water, vitamin A oil and western red cedar essential oil. (Available in 12 & 36 ct.)</p>		

BOTTLE SIZES & PRICES

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1. *Herbal Defense*, Robyn Landis, 1997, Warner Books.
 2. *Herbal*, Deni Bown, 2001, Pavilion Books.



Featured: Healing Suppositories 36 ct, Calendula Suppositories 12 ct, Saw Palmetto Compound 4 oz, PSA Capsules 90 ct

SPECIALTY PRODUCTS & CUSTOM FORMULAS

Specialty & Custom

“Holistic medicine is all about treating the whole person, focusing not just on physical symptoms but on emotional and spiritual aspects contributing to the disorder. This is the approach that has always been taken by herbalists”¹

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FEU = For external use only. Do not ingest.

BOTTLE SIZES & PRICES

Liquid extract compounds and glycerite compounds come in 1 oz, 2 oz, 4 oz, 8 oz, 16 oz & 32 oz bottles. Larger sizes available on request.

Elixirs and vinegars come in 2 oz, 4 oz, 8 oz, 16 oz & 32 oz bottles.

Droppers are included in the 1 oz & 2 oz sizes and optional in the 4 oz size.

Please see the latest price list for pricing.

We offer a limited supply of empty bottles, droppers and plastic salve containers. Please contact customer service for availability and pricing.

	QHP	FEU
BOOKS		
<i>Herbal Medicine: From the Heart of the Earth</i> , 2 nd Edition (Book) (HMHE)		
<i>Herbal Formulas</i> (Book) (HF)		
BOTANICAL OILS		
Allium sativum oil (garlic)		•
Arnica spp. oil (arnica)		•
Calendula officinalis oil (calendula)		•
Hypericum perforatum oil (St. John's wort)		•
Juglans nigra oil (black walnut)		•
Phytolacca americana oil (poke)		•
Ruta graveolens oil (rue)		•
Symphytum officinale oil (comfrey)		•
BUG SPRAY (TOPICAL APPLICATION) (BUGES)		•
Caution: Apply to clothing to avoid repeated skin contact. Citronella essential oil, pennyroyal essential oil, lavender essential oil, and geranium essential oil in a base of organic alcohol and mountain spring water. (Available in 1 oz and 2 oz size with spray mister.)		
ESSENTIAL OILS		•
Bitter Orange, Eucalyptus, Lavender, Oregano, Peppermint, Tea Tree, Thuja, Thyme		
(VEGETABLE) GLYCERINE (VG) (Available in 16 & 128 oz sizes.)		

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

1. *The Holistic Herbal Directory*, Penelope Ody, 2001, Chartwell Books.

GLYCERITES

LATIN BINOMIAL	COMMON NAME	TYPE AND PART OF HERB USED
Avena sativa	oat	organic milky seed & lavender essential oil
Echinacea angustifolia & purpurea	echinacea	organic root & sweet orange essential oil
Glycyrrhiza glabra	licorice	best quality root & fennel essential oil
Hydrastis canadensis	goldenseal	organic root & lemon essential oil
Melissa officinalis	lemon balm	organic flowering herb & lemon essential oil
Passiflora incarnata	passionflower	wildcrafted flowering herb & lavender essential oil
Silybum marianum	milk thistle	wildcrafted and/or organic ripe seed & coriander essential oil
Taraxacum officinale	dandelion	organic root & coriander essential oil
Valeriana spp.	valerian	organic root & sweet orange essential oil

(WISE WOMAN HERBALS) SIGNATURE PRODUCTS

Botanical Posters (POS), Herb Bag (BAG), Mouse Pad (PAD), Mug (MUG), Tote (TOT)

(MUSLIN) TEA BAGS (TB) 3" X 5"



Wise Woman Herbals Signature mug shown with Digest Tea, Alternative Tea, and Immune Tea

ABOUT OUR COMPANY

WISE WOMAN HERBALS

A Name to Trust

Wise Woman Herbals® offers an extensive line of over 325 whole herb products based upon time-tested traditional practices.

Our name honors the early European herbalists and we embrace their values and adhere to the same herbal tradition. We create our products from the finest certified organic or ethically wildcrafted ingredients, formulate them in small batches for maximum strength, and maintain the highest standards of quality.

Wise Woman Herbals offers superior herbal products in the form of liquid extracts, solid extracts, glycerites, capsules, teas, salves, essential oils, syrups, elixirs, and suppositories. Healthcare practitioners who focus on holistic care and botanical medicine choose our products for their renowned concentration, quality, and efficacy.

The most important components of our products are the extraordinary plants and other raw materials that we select from our growers and other suppliers. We extract the plant's therapeutic qualities with the aid of organic alcohol, certified kosher vegetable glycerine, organic apple cider vinegar, organic extra virgin olive oil, and/or mountain spring water.

The concentration of all our single liquid extracts are listed on the labels and in our catalog. We are especially proud of the concentration achieved, which results from the individual attention we give to each extract in our chemical-free process.

We adhere to strict quality control standards, comply with current Good Manufacturing Practices, and are forever relentless in making products of unsurpassed quality. Year after year, our customers give our customer service and order fulfillment departments a "superior" rating for service. Our production staff was trained directly by the founder of the company, thereby enabling us to carry on with the Wise Woman Herbals tradition.

We welcome you and extend our heartfelt gratitude for choosing Wise Woman Herbals.

WISE WOMAN HERBALS HAS EARNED THE TRUST AND RESPECT OF PROFESSIONALS BY OFFERING THE FINEST QUALITY PRODUCTS ON THE MARKET.

Our products are made the old-fashioned way, without shortcuts or compromises. We insist on using only the finest ingredients, such as organic and wildcrafted herbs, organic alcohol, mountain spring water, organic extra virgin olive oil, certified kosher vegetable glycerine, vegetarian capsules, and all-natural cocoa butter. The concentration of our single-plant extracts are listed in our catalog and on our labels. Before you select an herbal product, compare the concentration; it is the best assurance to get the results you need. Prescribing a product in which you have confidence is essential to ensure the best possible results!

FRIENDLY AND KNOWLEDGEABLE CUSTOMER SERVICE

As a customer of Wise Woman Herbals, your satisfaction is our top priority. We take pride in providing you with the finest service possible. Our staff shares a genuine interest in herbs and because we are a small company we can offer the individualized service that you and your patients deserve.

TECHNICAL ASSISTANCE

Our customers receive free technical support from our customer service department. We will perform a review of available literature on questions relevant to your herbal practice. We can also assist you on creating custom formulations and provide you with additional information on our extensive line of premium herbal products.

CUSTOM FORMULATIONS

We will make custom formulations of our liquid extracts to your exact specifications accompanied by a custom label specifically for you. A 32 oz minimum is required and there is a small custom formulation charge.

SAME-DAY SHIPPING

All orders placed by 12 pm Pacific standard time are generally shipped the same day. We also offer a drop-ship service directly to your patients at no additional charge. Custom compounds require three business days to process.

ECOLOGICALLY RESPONSIBLE AND ENVIRONMENTALLY FRIENDLY

As a corporate sponsor of United Plant Savers, we make every attempt to adhere to its guidelines for sustainable use of medicinal plants. We take our responsibility to the environment seriously and use only biodegradable and recycled or recyclable shipping and packaging materials.

HIGHEST STANDARDS FOR CONSISTENT QUALITY AND PURITY

Our plant ingredients are grown on local organic farms, supplied by local ethical wildcrafters, or they represent the best quality available. We perform ongoing inspections from initial plant identification through finished product verification, retain product samples of all products, and are able to trace the sales of every batch of each product through our detailed

computerized tracking system. Our quality assurance program reports directly to the management. We maintain compliance with Good Manufacturing Practices and meet California's Proposition 65 standards in screening for heavy metal content.

PROUDLY SUPPORT NATURAL HEALTHCARE

Wise Woman Herbals supports various state and national organizations, as well as educational institutions, to support education and promote natural medicine. We make significant donations in product, time, and money.

PEOPLE

Dr. Ken Koenig, President of Wise Woman Herbals has been a practitioner, lecturer, author, and political advocate in the field of natural health for more than three decades. During his fifteen years in private practice in Vail, Colorado, he embraced a vitalistic philosophy while practicing as a classical homeopath, acupuncturist, chiropractor, and herbalist. After retiring from full-time practice, he developed his own line of encapsulated proprietary herbal blends in conjunction with noted herbalist Brigitte Mars. Dr. Koenig is a Diplomate and former Dean of Education and Executive Director of the National Board of Homeopathic Examiners, a Fellow of the International Academy of Clinical Acupuncture, and a FIHM Certified Herbalist.

Patrish Meehan Koenig, MST, Vice President & Director of Quality Assurance has a Bachelor of Science from the University of Rhode Island and a Master of Science from Portland State University. Patrish is well known in the fitness & spa industry as a former owner/operator of fitness studios and featured instructor throughout the U.S. & Asia. In conjunction with independent consultants she spent the past several years spearheading Wise Woman's compliance & regulatory program, which she continues to oversee. Patrish is a certified herbalist, regularly attends herbal conferences, and is an avid gardener of ornamental and medicinal herbs.

WISE WOMAN HERBALS™ MAINTAINS MEMBERSHIP WITH THE FOLLOWING ORGANIZATIONS:

American Association of Naturopathic Physicians

(Corporate Sponsor)

American Botanical Council

American Herbalists Guild

American Herbal Products Association

Herb Research Foundation

United Plant Savers

(Corporate Sponsor)

ABOUT OUR PRODUCTS

WISE WOMAN HERBALS

Commitment to Excellence

WHY TRADITIONAL WHOLE PLANT EXTRACTS ARE SUPERIOR.

It is easy to manipulate inferior quality plants in a laboratory and come up with a product that attains certain levels of a single chemical constituent. However, today's favored constituents often prove not to be the important ones of tomorrow. What about the other constituents naturally occurring in the plant, especially those that function as essential cofactors? Often they no longer exist in the product. And what about the energetic quality of the plant itself? It seems to us that most altered plant products get very close to being the "drugs" that herbal users have tried to avoid in the first place.

At Wise Woman Herbals, we believe in using only the highest quality plants and preserving their energetic integrity in the form of a whole plant extract. That enables us to provide our customers with an herbal product as close to its true nature as possible.

We recommend that you know your supplier and your supplier's credibility. An inferior extract made from mediocre plants will yield mediocre results. A superior extract made from vibrant, life-supporting plants will yield superb results!

BOTANICAL OILS AND BOTANICAL OIL COMPOUNDS

Wise Woman Herbals oils are made by soaking our extraordinary herbs in the finest organic extra virgin olive oil for an extended period before pressing and filtering. As with all of our products, our botanical oils are made by a completely chemical-free process.

ELIXIRS

Elixirs are very strong teas that are preserved with a small amount of organic alcohol. We make small batches to ensure freshness. Liquid extracts are used to preserve the elixir rather than the standard method of simply adding straight alcohol. This results in a much stronger elixir.

ENCAPSULATIONS

The finest dried herbs are selected and encapsulated in gluten-free vegetarian capsules by a process free of lubricants or additives. As with all of our products, organic, wildcrafted, and/or best quality herbs are used.

ESSENTIAL OILS AND ESSENTIAL OIL COMPOUNDS

Our essential oils are aromatic plant essences that have been extracted from the herb by a chemical-free distillation process.

GLYCERITES AND GLYCERITE COMPOUNDS

Our glycerites are made to the same exacting standards as our liquid extracts. Our time-intensive process results in a very concentrated alcohol-free extract in a base of pure certified kosher vegetable glycerine and mountain spring water with minimal amounts of potassium sorbate and essential oil as natural preservatives. Alcohol and chemicals are not used in this extraction process.

LIQUID EXTRACTS AND LIQUID EXTRACT COMPOUNDS

We offer nearly 200 single-plant extracts in a base of organic alcohol and mountain spring water. The exceptional quality can be attributed to our use of carefully selected organically grown and ethically wildcrafted plants and other purely natural ingredients.

Our individually tailored extraction process acknowledges the unique attributes of each herb throughout our multiple maceration process. No wonder we offer such high-quality extracts! Our liquid extract compounds are special proprietary blends of single liquid extracts formulated by Wise Woman Herbals and made to the same exacting standards as our single liquid extracts. Our formulas are renowned for their vitality and efficacy.

MACERATION PROCESS

Our multiple maceration process results in excellent extracts. We are proud to offer you the highest quality, highest concentration liquid extracts on the market today. They are created with an individually tailored process that acknowledges the uniqueness of each herb.

We add carefully measured amounts of organic alcohol, mountain spring water, and raw plant together and allow them to blend for weeks or even months. We impose no intervention other than daily agitation of the containers, which activates the plant's vital force and other therapeutic qualities.

The material is pressed to separate the liquid from the plant. We add more raw plant to that liquid and the process is repeated up to, in some cases, five or six times. In our catalog, on our website, and on the single plant extract label, you may find the designation +D. This indicates that dry herb has been added to the fresh plant extract during the last maceration to achieve maximum concentration, although this is never done with extracts that should be made with fresh plants only.

The process is very labor intensive, but we firmly believe that the result is a superior extract filled with a broad range of chemical constituents for maximum therapeutic potential. Some companies make extracts from powders or they are made in as little as two days, simply by adding heat or pressure to concentrate the extract quickly.

In our opinion, there is no substitute for our methodical and traditional hands-on process. We are mixing ancient herbal wisdom with current scientific knowledge to give you excellent results.

The product extract ratios are listed in this catalog as well as on each product label. As a member of the American Herbal Products Association (AHPA), we use their



Wise Woman Herbs Signature Poster, "Passionflower"

recommended method of measuring the concentration of liquid extracts. The concentration is listed as A:B where "A" is the amount of herb added and "B" is the amount of total fluid collected at the end of the process.

We give prime importance to the freshness and quality of the plants used in Wise Woman Herbs extracts to both maximize their concentration and maintain their energetic integrity.

ABOUT OUR PRODUCTS (CONTINUED)

SOLID EXTRACTS

Our solid extracts are alcohol free in a base of certified kosher vegetable glycerine, and some contain honey. The hydroalcoholic extraction of the whole plant is followed by vacuum distillation to remove the alcohol. No chemicals or high temperatures are used in the extraction process. This results in a high-quality product.

SUPPOSITORIES

We make our homeopathic suppositories in a base of all-natural cocoa butter without additives that may retard melting. We believe this creates a suppository of superior quality with a delivery system designed for dissolving and absorption at normal internal body temperature. For storing we recommend refrigeration to maintain its solid form.

SYRUPS

We begin with a solid extract, which is then blended with a plant concentrate and glycerine. This allows a syrupy consistency.

TEAS

Our teas are very fresh. We make them several times per year using the highest quality organic and wildcrafted herbs. Tea blends formulated by respected naturopathic physician Dr. Jillian Stansbury are available from Wise Woman Herbals. The Stansbury Teas provide a nice addition to our existing product line and we welcome this affiliation with their renowned formulator.

TOPICALS

Our topicals are made in a base of organic extra virgin olive oil and beeswax to achieve a smooth consistency for easy application.

VINEGAR COMPOUNDS

Our vinegar extracts are made with organic apple cider vinegar.



*Wise Woman Herbals suppositories are only available to qualified healthcare practitioners.
We are unable to accept returns on suppositories. All sales are final.*

COMMON NAMES TO LATIN BINOMIALS

For your convenience, the herbs below are listed alphabetically by common name, with their corresponding Latin binomial to the right. **Bold** herbs are available to qualified healthcare practitioners only.

COMMON NAMES	LATIN BINOMIALS	COMMON NAMES	LATIN BINOMIALS	COMMON NAMES	LATIN BINOMIALS
alfalfa	<i>Medicago sativa</i>	electampane	<i>Inula helenium</i>	old man's beard	<i>Usnea</i> spp.
American ginseng	<i>Panax quinquefolius</i>	eleuthero	<i>Eleutherococcus senticosus</i>	Oregon grape	<i>Mahonia</i> spp.
angelica	<i>Angelica archangelica</i>	elder	<i>Sambucus canadensis</i>	osha	<i>Ligusticum porteri</i>
anise	<i>Pimpinella anisum</i>	English lavender	<i>Lavandula angustifolia</i>	Pacific valerian	<i>Valeriana</i> spp.
arnica	<i>Arnica</i> spp.	European mistletoe	<i>Viscum album</i>	para cress	<i>Spilanthes acmella</i>
artichoke, globe	<i>Cynara scolymus</i>	eyebright	<i>Euphrasia stricta</i>	parsley	<i>Petroselinum crispum</i>
ashwagandha	<i>Withania somnifera</i>	false unicorn	<i>Chamaelirium luteum</i>	partridge berry	<i>Mitchella repens</i>
Asian ginseng	<i>Panax ginseng</i>	fenugreek	<i>Trigonella foenum-graecum</i>	passionflower	<i>Passiflora incarnata</i>
astragalus	<i>Astragalus membranaceus</i>	fennel, bitter	<i>Foeniculum vulgare</i>	pau d'arco	<i>Tabebuia impetiginosa</i>
bai-zhu atractylodes	<i>Atractylodes macrocephala</i>	feverfew	<i>Tanacetum parthenium</i>	pellitory-of-the-wall	<i>Parietaria officinalis</i>
beebalm, wild bergamot	<i>Monarda fistulosa</i>	flag, blue	<i>Iris versicolor</i>	peppermint	<i>Mentha piperita</i>
bethroot	<i>Trillium</i> spp.	fo-ti	<i>Polygonum multiflorum</i>	pipsissewa	<i>Chimaphila umbellata</i>
bilberry	<i>Vaccinium</i> spp.	fringe tree	<i>Clionanthus virginicus</i>	plantain	<i>Plantago</i> spp.
bitter fennel	<i>Foeniculum vulgare</i>	garlic	<i>Allium sativum</i>	pleurisy root	<i>Asclepias tuberosa</i>
black cohosh	<i>Cimicifuga racemosa</i>	gentian	<i>Gentiana lutea</i>	poke root	<i>Phytolacca americana</i>
black walnut	<i>Juglans nigra</i>	geranium	<i>Geranium maculatum</i>	prickly ash, southern	<i>Zanthoxylum clava-herculis</i>
bladderwrack	<i>Fucus vesiculosus</i>	ginger	<i>Zingiber officinale</i>	propolis	Propolis
blessed thistle	<i>Cnicus benedictus</i>	ginkgo	<i>Ginkgo biloba</i>	pygeum	<i>Pygeum africanum</i>
bloodroot	<i>Sanguinaria canadensis</i>	ginseng, Asian	<i>Panax ginseng</i>	queen's root	<i>Stillingia sylvatica</i>
blueberry	<i>Vaccinium</i> spp.	ginseng, American	<i>Panax quinquefolius</i>	raspberry, red	<i>Rubus idaeus</i>
blue cohosh	<i>Caulophyllum thalictroides</i>	goat's rue	<i>Galega officinalis</i>	rauwolfia	<i>Rauwolfia</i>
blue flag	<i>Iris versicolor</i>	goldenrod, Canadian	<i>Solidago canadensis</i>	red clover	<i>Trifolium pratense</i>
boneset	<i>Eupatorium perfoliatum</i>	goldenseal	<i>Hydrastis canadensis</i>	red root	<i>Ceanothus americanus</i>
buchu	<i>Barosma betulina</i>	gotu kola	<i>Centella asiatica</i>	rhodiola	<i>Rhodiola rosea</i>
buckthorn	<i>Rhamnus frangula</i>	gravel root	<i>Eupatorium purpureum</i>	rhubarb, Chinese	<i>Rheum palmatum</i>
bugleweed	<i>Lycopus virginicus</i>	green tea	<i>Camellia sinensis</i>	rosemary	<i>Rosmarinus officinalis</i>
burdock	<i>Arctium lappa</i> (blend)	guggul	<i>Commiphora mukul</i>	sage	<i>Salvia officinalis</i>
cactus grandiflorus	<i>Selenicereus grandiflorus</i>	gumweed	<i>Grindelia</i> spp.	sarsaparilla	<i>Smilax ornata</i>
calendula	<i>Calendula officinalis</i>	gymnema	<i>Gymnema sylvestre</i>	saw palmetto	<i>Serenoa repens</i>
calendula succus	<i>Calendula officinalis</i> succus	hawthorn	<i>Crataegus</i> spp.	schisandra	<i>Schisandra chinensis</i>
California poppy	<i>Eschscholzia californica</i>	hellebore, American	<i>Veratrum viride</i>	Scotch broom	<i>Cytisus scoparius</i>
Canadian goldenrod	<i>Solidago canadensis</i>	hops	<i>Humulus lupulus</i>	shepherd's purse	<i>Capsella bursa-pastoris</i>
casacara sagrada	<i>Rhamnus purshiana</i>	horehound	<i>Marrubium vulgare</i>	skullcap	<i>Scutellaria lateriflora</i>
catnip	<i>Nepeta cataria</i>	horse chestnut	<i>Aesculus hippocastanum</i>	skunk cabbage	<i>Symplocarpus foetidus</i>
cayenne	<i>Capsicum annuum</i>	horseradish	<i>Armoracia rusticana</i>	slippery elm	<i>Ulmus rubra</i>
cedar, western red	<i>Thuja plicata</i>	horsetail	<i>Equisetum arvense</i>	southern prickly ash	<i>Zanthoxylum clava-herculis</i>
celandine	<i>Chelidonium majus</i>	huang qi	<i>Astragalus membranaceus</i>	spilanthes	<i>Spilanthes acmella</i>
chamomile	<i>Matricaria recutita</i>	huckleberry	<i>Vaccinium</i> spp.	squaw vine	<i>Mitchella repens</i>
cilantro	<i>Coriandrum sativum</i>	hydrangea	<i>Hydrangea arborescens</i>	St. John's wort	<i>Hypericum perforatum</i>
chaste tree	<i>Vitex agnus-castus</i>	hyssop	<i>Hyssopus officinalis</i>	stillingia	<i>Stillingia sylvatica</i>
chaparral	<i>Larrea tridentata</i>	Jamaica dogwood	<i>Piscidia piscipula</i>	stinging nettle	<i>Urtica dioica</i>
cherry, wild black	<i>Prunus</i> spp.	juniper	<i>Juniperus communis</i>	stoneroot	<i>Collinsonia canadensis</i>
chickweed	<i>Stellaria media</i>	kava	<i>Piper methysticum</i>	teasel	<i>Dipsacus</i> spp.
Chinese goldthread	<i>Rheum palmatum</i>	khella	<i>Ammi visnaga</i>	thoroughwax, Chinese	<i>Bupleurum chinense</i>
Chinese thoroughwax	<i>Bupleurum chinense</i>	lady's mantle	<i>Alchemilla xanthochlora</i>	thyme	<i>Thymus vulgaris</i>
cilantro	<i>Coriandrum sativum</i>	lavender, English	<i>Lavandula angustifolia</i>	turmeric	<i>Curcuma longa</i>
cinnamon	<i>Cinnamomum aromaticum</i>	lemon balm	<i>Melissa officinalis</i>	usnea	<i>Usnea</i> spp.
cleavers	<i>Galium aparine</i>	licorice	<i>Glycyrrhiza glabra</i>	uva-ursi	<i>Arctostaphylos uva-ursi</i>
clove	<i>Syzygium aromaticum</i>	ligustrum	<i>Ligustrum lucidum</i>	valerian	<i>valeriana officinalis</i>
coltsfoot	<i>Tussilago farfara</i>	lily-of-the-valley	<i>Convallaria majalis</i>	vervain	<i>Verbena</i> spp.
comfrey	<i>Symphytum officinale</i>	linden	<i>Tilia europaea</i>	western red cedar	<i>Thuja plicata</i>
cornsilk	<i>Zea mays</i>	lobelia	<i>Lobelia inflata</i>	white willow	<i>Salix alba</i>
corydalis	<i>Corydalis yanhusuo</i>	lomatium	<i>Lomatium dissectum</i>	wild bergamot beebalm	<i>Monarda fistulosa</i>
cramp bark	<i>Viburnum opulus</i>	maca	<i>Lepidium meyenii</i>	wild black cherry	<i>Prunus</i> spp.
damiana	<i>Turnera diffusa</i>	marshmallow	<i>Althaea officinalis</i>	wild indigo	<i>Baptisia tinctoria</i>
dandelion	<i>Taraxacum officinale</i>	milk thistle	<i>Silybum marianum</i>	wild yam	<i>Dioscorea villosa</i>
dan shen	<i>Salvia miltiorrhiza</i>	mistletoe, European	<i>Viscum album</i>	witch hazel	<i>Hamamelis virginiana</i>
dang shen	<i>Codonopsis pilosula</i>	motherwort	<i>Leonurus cardiaca</i>	wormwood	<i>Artemisia absinthium</i>
devil's claw	<i>Harpagophytum procumbens</i>	mullein	<i>Verbascum thapsus</i>	wu wei zi	<i>Schisandra chinensis</i>
devil's club	<i>Oplopanax horridus</i>	myrrh	<i>Commiphora myrrha</i>	yarrow	<i>Achillea millefolium</i>
dong quai	<i>Angelica sinensis</i>	nettle, stinging	<i>Urtica dioica</i>	yellow dock	<i>Rumex crispus</i>
echinacea	<i>Echinacea angustifolia</i>	New Jersey Tea	<i>Ceanothus americanus</i>	yellow jasmine	<i>Gelsemium sempervirens</i>
echinacea	<i>Echinacea purpurea</i>	night-blooming cereus	<i>Selenicereus grandiflorus</i>	yerba santa	<i>Eriodictyon californicum</i>
elder	<i>Sambucus</i> spp.	oats	<i>Avena sativa</i>	yohimbe	<i>Pausinystalia johimbe</i>

ORDERING AND SHIPPING INFORMATION

PLACING ORDERS: We are open Monday through Friday, 8:30 am to 5:00 pm, PST. You may place your order by calling 800-532-5219 or faxing 800-476-6518. You may also place orders on our secured web site at www.wisewomanherbals.com. We begin processing orders immediately upon receipt and attempt to ship orders the same day.

SHIPPING: For ground shipments in the continental United States we charge a minimum shipping and handling fee of \$8.50 on orders of \$55.00 and under; \$10.00 on orders of \$55.01 - \$110.00; \$11.50 on orders \$110.01 - \$174.99; and **FREE GROUND SHIPPING ON ORDERS OF \$175.00 AND OVER.** Other shipping options are available if you require faster service. COD orders are charged the actual COD fee charged by the carrier. There is no minimum order, nor is there an additional charge to drop ship the order directly to your patient.

CONTINENTAL U.S.: Orders of \$175.00 or more will receive free Regular Ground shipping in the continental United States. Requested air shipments for orders over \$175.00 in the continental United States will be charged the difference between Ground and Air Shipping costs. For orders over \$350.00 to the eastern United States, we will ship UPS 3 Day Select free of charge if requested. (Shipping discounts do not apply to bulk items such as, but not limited to, empty bottles and extracts greater than the 32 oz. size.)

ALASKA, HAWAII, AND PUERTO RICO: Shipments to these areas are by USPS Priority Mail or UPS 2nd Day Air and are charged 65% of the actual cost on orders over \$175.00. On orders over \$375.00 to these areas, you are charged only 35% of the actual cost. (Shipping discounts do not apply to bulk items such as, but not limited to, empty bottles and extracts greater than the 32 oz. size.) We are not able to discount orders shipped by other carriers.

CANADA: Our solid extracts are available through our Canadian distributor: Ecotrend Ecologics, Ltd., Vancouver, B.C., Canada. Please call 604.876.9876 or visit www.ecotrend.ca. For all other products please contact us directly.

OUT OF STOCK ITEMS: Although it is a rare occurrence, if an item is out of stock when you call, we will gladly send it automatically as soon as it becomes available again, or if you prefer, we will notify you so that you may reorder it with your next order.

PAYMENT TERMS: Our normal policy is for payment at the time your order is placed by Visa or Mastercard. All other orders are sent COD unless prepaid by check. Please be informed that checks returned for nonsufficient funds will incur a \$35.00 bookkeeping and bank fee service charge.

PRODUCT RETURN POLICY: We provide friendly customer service. For product that you wish to return, please review your request with a WWH customer service representative by calling 800-532-5219. We will not accept products without a return authorization, and therefore all returns must receive pre-approval. Please notify us within 7 days from receipt of goods and items must be returned to us within 30 days of purchase. If your return request is approved, repack the products sufficiently to ensure that the bottles will not break during shipping. Product damaged during return shipping due to inadequate packing cannot be credited. The item must have remained unopened, with the safety seal intact and in new condition. Product being returned not due to our error will incur a 15% restocking and bookkeeping fee. We are unable to accept returns on suppositories, all sales are final.

DAMAGED GOODS: Please report damaged goods immediately. It is important that the original packaging be saved in order to file a claim with the carrier.

DISCOUNTS: Buy 12 of an item and pay for only 11. Buy 24 of an item and pay for only 21. These discounts do not apply to bulk items and may not be combined with other special discount offers.

CUSTOM FORMULATIONS: We custom blend extracts to your specifications with a minimum order of 32 oz. Our in-house label service allows us to provide custom names for your formulations at your request.

LARGER SIZES OF OUR EXTRACTS: Our extracts are available in 64, 128, 256 and 640 ounce sizes. Please contact our customer service department for special bulk pricing.

RECYCLED MATERIALS: Wise Woman Herbals is environmentally friendly. We use recycled paper in our publications and recycled packaging materials for shipping. Materials that can't be used at work are recycled or often go home with employees to be used as compost.

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DOSE-DURATION CHART

APPROPRIATE DOSING IS NECESSARY FOR THE DESIRED OUTCOME

Age, weight, and the sensitivity of the person, as well as the strength and quality of a product, are some important variables to take into consideration when individualizing a dose of a substance. Do not exceed the suggested use on the label.



Wise Woman Herbs Signature Poster, "Chamomile"

ADJUST THE DOSE TO THE BODY WEIGHT

The suggested use of herbal products is generally based upon a 150-pound individual. Adjust the dosage for other body-weights by determining the person's body-weight (in pounds) and dividing it by 150. Multiply the result by the number of drops listed under the suggested use on the product label. The final result is the adjusted dose.

DOSE DURATION CHART EXCEPTIONS

The viscosity of the fluid must be taken into consideration. Adjust the dose duration for mucilaginous liquid extracts (multiply number of drops by 0.71), liquid extracts with alcohol content under 35% (multiply number of drops by 0.93) and for glycerites (multiply number of drops by 0.85).

1 OZ OF 45% LIQUID EXTRACT SHOULD LAST:

Suggested Use	2 X Daily	3 X Daily	4 X Daily
5 drops	115 days	77 days	58 days
10 drops	58 days	38 days	29 days
15 drops	38 days	26 days	19 days
20 drops	29 days	19 days	14.5 days
25 drops	23 days	15 days	11.5 days
30 drops	19 days	13 days	9.5 days
40 drops	14.5 days	9.5 days	7.5 days
60 drops	9.5 days	6.5 days	5 days
90 drops	6.5 days	4 days	3 days
120 drops	5 days	3 days	2.5 days

4 OZ OF 45% LIQUID EXTRACT SHOULD LAST:

Suggested Use	2 X Daily	3 X Daily	4 X Daily
5 drops	460 days	308 days	232 days
10 drops	232 days	152 days	116 days
15 drops	152 days	104 days	76 days
20 drops	116 days	76 days	58 days
25 drops	92 days	60 days	46 days
30 drops	76 days	52 days	38 days
40 drops	58 days	38 days	29 days
60 drops	38 days	26 days	19 days
90 drops	26 days	16 days	13 days
120 drops	20 days	12 days	10 days

The dose duration chart and dosage information was adapted from Dr. Tilgner's book, *Herbal Medicine From the Heart of the Earth*.

To place an order, call 800.532.5219 or fax 800.476.6518

WHAT SETS US APART

- 1. PROFESSIONAL PRODUCT LINE:** Our distribution is tightly controlled and geared toward professionals. We do not market to large retail chains and restrict sales to e-commerce based businesses to assure proper use of our products and to protect the public, our customers and our brand. For over 25 years practitioners have relied on Wise Woman Herbals® for their patients' health care needs.
- 2. FDA INSPECTED FACILITY:** We are an FDA audited facility with a full-time regulatory staff that maintains compliance with the Food and Drug Administration's code of federal regulations for dietary supplements and drugs. Each step in the production process is controlled through FDA mandated Good Manufacturing Practices, strict inspections by our analytical lab, stringent quality assurance controls and multiple product inspections by our highly trained quality unit.
- 3. ON-SITE MANUFACTURING:** The integrity of our products is guaranteed through strict manufacturing practices. Our meticulous quality standards start with high quality organic, biodynamic, wild crafted and cultivated herbs harvested by wild crafters and sourced from local farms. We extract and preserve the plant's therapeutic qualities using certified organic alcohol, mountain spring water, certified kosher vegetable glycerine and other all-natural ingredients. Raw materials and finished product is thoroughly identified and analytically tested to ensure the highest level of purity.
- 4. SMALL BATCH SIZE:** Our products are handmade using a time-honored traditional maceration process in our FDA audited herbal processing plant. We make frequent small handmade batches to attain high concentrations, achieve superior quality, and assure product efficacy and shelf-life.
- 5. SUSTAINABILITY:** We offset 100% of our energy use by purchasing wind, biomass and solar energy in our Feng Shui designed facility. We compost, recycle, and use recycled packaging materials to minimize our carbon footprint.
- 6. CHARITABLE:** We continue to give generously through product donations, a rebate program for states seeking naturopathic licensure, corporate sponsorship and support of naturopathic, chiropractic and acupuncture colleges.
- 7. FRIENDLY CUSTOMER SERVICE:** Our staff of herbal enthusiasts shares a genuine interest in botanical medicine and takes pride in providing the finest customer service possible. Customer satisfaction is Wise Woman Herbals' top priority!



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